

WOODLANDS DAIRY 15KM - JEFFREYS BAY - 2011/01/08

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	4143	4143	LUSAPHO	APRIL	TEMP	M	26	SM	0.44.43
2	83	2310	GEORGE	NTSHILIZA	NEDBANK	M	31	SM	0.47.04
3	78	1402	SANDILE	NGUNUZA	NEDBANK	M	28	SM	0.47.31
4	1241	2297	MZOLISI	MAKHANDA	NEDBANK	M	28	SM	0.47.33
5	4111	4111	MZWANELE	MAPHEKULA	TEMP	M	34	SM	0.48.57
6	4146	406	JUWAYNE	FLETCHER	MPEP	M	19	JM	0.50.42
7	85	1574	MELIKHAYA	FRANS	NEDBANK	M	18	JM	0.50.53
8	1270	408	ROBERT	MATTHYS	MPEP	M	34	SM	0.51.22
9	77	1478	CHRISTOPHER	MABENGEZA	NEDBANK	M	44	40-44M	0.53.13
10	1317	604	MELIKHAYA	MSIZI	KNYSNA	M	27	SM	0.53.32
11	10	141	MONGEZI	MBOYA	PEAAC	M	33	SM	0.53.45
12	4191	4191	JACQUES	LEANDER	TEMP	M	27	SM	0.56.11
13	20	395	JOHN	RAFANI	NEDBANK	M	43	40-44M	0.56.19
14	1329	1659	DARRELL	WICHT	TRIANGLE	M	47	45-49M	0.56.25
15	23	2569	NTOMBESINTU	MFUNZI	MPEP	F	29	SF	0.56.38
16	896	1566	RIAAN	KOCK	NEDBANK	M	40	40-44M	0.57.12
17	1315	1254	ALFRED	SPIERS	ELITEAC	M	50	50-54M	0.57.30
18	4085	4085	INGA	SIZANI	TEMP	M	17	JM	0.59.04
19	1341	1163	ROBIN	FOURIE	ACH	M	47	45-49M	0.59.30
20	28	1989	CHRISTO	MULLER	BODYCON	M	42	40-44M	0.59.57
21	1327	2635	GRAHAM	ESHMADE	CRUSADE	M	33	SM	1.00.06
22	9325	2328	SIMON	NGCOKO	NEDBANK	M	40	40-44M	1.00.28
23	1316	1214	CHARLES	BAATJIES	ELITEAC	M	54	50-54M	1.00.33
24	4106	4106	JUAN	CORDIER	TEMP	M	25	SM	1.00.40
25	34	1400	DELIWE	NYANGA	NEDBANK	F	21	SF	1.01.09
26	1339	835	DAVID	MAMA	ASPEN	M	35	35-39M	1.01.12
27	1235	167	GEDDES	GALLANT	SANDFEP	M	44	40-44M	1.01.15
28	1344	886	TOMMY	FITCHET	QH	M	40	40-44M	1.01.27
29	1318	168	BRENDON	PERSENS	SANDFEP	M	36	35-39M	1.01.32
30	894	1563	PIET	BOESAK	NEDBANK	M	47	45-49M	1.02.12
31	60	2393	ANDREW	LONG	MADIBA	M	43	40-44M	1.02.22
32	1332	1216	RUDI	VAN TONDER	ELITEAC	M	38	35-39M	1.02.48
33	1245	1517	FRIKKIE	BOSHOFF	NEDBANK	M	31	SM	1.02.56
34	1328	2333	FRIK	NELSON	BELLVILL	M	45	45-49M	1.03.20
35	4139	4139	ALFRED	LATEGAN	TEMP	M	30	SM	1.03.30
36	1350	607	DAVID	DU PLESSIS	BERTS	M	22	SM	1.03.37
37	171	687	ROWAN	BOETGER	UNKNOWN	M	30	SM	1.03.52
38	82	418	TAMSANQA	JUSAYI	NEDBANK	M	68	65-69M	1.06.04
39	29	2577	JEAN	WRIGHT	BODYCON	M	24	SM	1.06.17
40	1355	979	DEREK	WILSON	CHARLO	M	46	45-49M	1.06.21
41	49	1196	PETER	VAN RENSBURG	ELITEAC	M	52	50-54M	1.06.21
42	38	34	ROBERT	RIETMULLER	PEAAC	M	54	50-54M	1.07.08
43	4145	4145	JOHANNES	WAGNER	TEMP	M	25	SM	1.07.11
44	1321	1771	DEON	MIGGELS	WILLARD	M	40	40-44M	1.07.23
45	1309	1269	RANDALL	CUNNINGHAM	ELITEAC	M	49	45-49M	1.07.23
46	4097	4097	DEON	CLAASSEN	TEMP	M	35	35-39M	1.07.31
47	55	1354	HANNES	ELS	MADIBA	M	61	60-64M	1.07.42
48	5	1251	DANIEL	FERREIRA	ELITEAC	M	52	50-54M	1.07.42
49	26	383	DAVERA	MAGSON	MPEP	F	36	35-39F	1.07.43
50	25	382	MICHAEL	MAGSON	MPEP	M	34	SM	1.07.43
51	30	1177	DARYL	NORTH	ACH	M	33	SM	1.07.57
52	889	170	WELLINGTON	TSHINGANE	SANDFEP	M	40	40-44M	1.08.19
53	4124	4124	FUMANEKILE	BASKITI	TEMP	M	44	40-44M	1.08.37
54	4082	4082	SALLY	WATERWORTH	TEMP	F	33	SF	1.08.42
55	4075	4075	CHARL	KEMP	TEMP	M	15	JM	1.08.59
56	1237	176	JOHNNY	MALGAS	SANDFEP	M	50	50-54M	1.09.07
57	4051	4051	JAKOB	MATROOS	TEMP	M	38	35-39M	1.09.11
58	891	1258	JOHANN	POSTMA	ELITEAC	M	45	45-49M	1.09.13
59	9	513	ERIC	MAPARA	RHODESU	M	63	60-64M	1.09.15
60	119	1247	MORNE	NEL	ELITEAC	M	31	SM	1.09.16
61	1347	3008	NEIL	RIDLEY	WVILLE	M	56	55-59M	1.09.27
62	27	1033	SIME	BAYNES	BODYCON	F	27	SF	1.09.37

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
63	1236	1827	LEN	PRINSLOO	HDORP	M	41	40-44M	1.09.38
64	1312	718	JULIE	TAUNTON	CRUSADE	F	50	50-54F	1.09.43
65	4197	4197	JACQUES	DU PREEZ	TEMP	M	17	JM	1.09.44
66	1331	1357	BASIL	MC LEAN	MADIBA	M	51	50-54M	1.09.58
67	19	1494	WERNER	MEYER	NEDBANK	M	37	35-39M	1.10.20
68	1274	1699	SCHOOMBEE	PRETORIUS	TRIANGLE	M	53	50-54M	1.10.35
69	954	1108	GRIZELDA	PIETERSEN	ACH	F	42	40-44F	1.10.53
70	4112	4112	MARTIN	DE BRUIN	TEMP	M	29	SM	1.10.54
71	39	1027	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	50	50-54F	1.10.56
72	43	1010	JAN	VAN EEDEN	NEDBANK	M	52	50-54M	1.11.18
73	1343	1953	COLIN	PARKINS	BLUEBAY	M	57	55-59M	1.11.18
74	44	1902	JOHANN	MEUWESEN	BLUEBAY	M	45	45-49M	1.11.19
75	6	1155	PHILLIP	JACOBS	ACH	M	38	35-39M	1.11.42
76	4098	4098	WELLINGTON	MOYO	TEMP	M	29	SM	1.11.44
77	4059	4059	BRIAN	MERRINGTON	TEMP	M	63	60-64M	1.11.44
78	161	2017	HANLIE	VAN DER WESTHUIZEN	TREEC	F	54	50-54F	1.11.45
79	4	2029	FERDINAND	GROBLER	TREEC	M	52	50-54M	1.11.45
80	90	1585	KOOS	OLIVIER	NEDBANK	M	52	50-54M	1.12.00
81	148	29	WILLIAM	VORSTER	PEAAC	M	64	60-64M	1.12.02
82	4132	4132	DEON	PIENAAR	TEMP	M	54	50-54M	1.12.05
83	100	190	ADELE	NEL	CSEP	F	37	35-39F	1.12.06
84	81	1486	JOHAN	FERREIRA	NEDBANK	M	49	45-49M	1.12.48
85	1333	1519	ZUKILE	GODUKA	NEDBANK	M	34	SM	1.12.51
86	1308	1248	LIZETTE	SYDIEN	ELITEAC	F	24	SF	1.12.57
87	48	1225	LAURA	MARITZ	ELITEAC	F	50	50-54F	1.13.04
88	4196	4196	RALPH	DARLOW	TEMP	M	44	40-44M	1.13.20
89	4062	4062	ANTON	BOTES	TEMP	M	33	SM	1.13.38
90	152	2010	PAUL	STEFFENS	TREEC	M	59	55-59M	1.13.41
91	887	2036	DANIEL	PIETERSE	TREEC	M	48	45-49M	1.13.49
92	4087	4087	FAHMY	GALANT	TEMP	M	45	45-49M	1.13.54
93	1320	1028	PAUL	JOHNSON	BODYCON	M	43	40-44M	1.13.58
94	1323	1100	GARRETH	JACOBSON	ACH	M	35	35-39M	1.13.58
95	893	2794	ANDRE	NEL	SAPPE	M	50	50-54M	1.14.03
96	120	143	SCHALK	HOON	KLERKS	M	61	60-64M	1.14.12
97	4108	4108	HENK	SPOORMAKER	TEMP	M	53	50-54M	1.14.20
98	4200	4200	REYNO	MOMBERG	TEMP	M	27	SM	1.14.24
99	1172	1512	LOUIS	SWIEGELAAR	NEDBANK	M	44	40-44M	1.14.25
100	33	2007	JACOBUS	WYATT	TREEC	M	47	45-49M	1.14.33
101	53	1363	LEON	GROENEWALD	MADIBA	M	44	40-44M	1.14.37
102	1234	1524	SAM	ERASMUS	NEDBANK	M	53	50-54M	1.14.52
103	13	1909	WIMPIE	HERBST	BLUEBAY	M	49	45-49M	1.15.13
104	4094	4094	LINDIE-RENEE	AGENBAG	TEMP	F	16	JF	1.15.16
105	153	713	MBULELO	SOBIKWA	CRUSADE	M	56	55-59M	1.15.19
106	4127	4127	MKHULULI	MANYALA	TEMP	M	29	SM	1.15.28
107	4102	4102	CONIE	KUKKUK	TEMP	M	48	45-49M	1.15.28
108	892	2031	HELGARD	POTGIETER	TREEC	M	38	35-39M	1.15.29
109	895	2018	JACQUES	BARNARD	TREEC	M	34	SM	1.15.29
110	4131	4131	RALPH	BRITZ	TEMP	M	46	45-49M	1.15.41
111	22	1949	GILES	HOBSON	BLUEBAY	M	56	55-59M	1.16.15
112	165	1498	GERT	BOSCH	WELLING	M	38	35-39M	1.16.18
113	125	2302	ATTIE	JOOSTE	NEDBANK	M	31	SM	1.16.24
114	1313	740	SEAN	WRIGHT	CRUSADE	M	46	45-49M	1.16.28
115	956	1516	PIETER	VAN HEERDEN	NEDBANK	M	33	SM	1.16.30
116	4193	4193	YVONNE	VAN RENSBURG	TEMP	F	49	45-49F	1.16.41
117	118	156	ANDREW	HIGGS	PEAAC	M	39	35-39M	1.17.15
118	1267	15757	CHRIS	FENWICK	ALB	M	57	55-59M	1.17.24
119	4122	4122	RUAN	VAN STADEN	TEMP	M	18	JM	1.17.36
120	4100	4100	CORNEL	GOUWS	TEMP	M	29	SM	1.17.40
121	164	770	ROBERT	BUTTON	OLDSELB	M	51	50-54M	1.17.48
122	4057	4057	LOUIS	DANIELS	TEMP	M	53	50-54M	1.18.24
123	1345	809	GILBERT	VAN ZYL	QH	M	38	35-39M	1.18.34
124	163	2276	MICHAEL	SLATER	NMMU	M	40	40-44M	1.18.58
125	4091	4091	CHRISTOPHER	AGENBAG	TEMP	M	57	55-59M	1.19.24
126	1324	303	DE WET	WILLIAMS	MUIRITE	M	48	45-49M	1.19.25

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
127	4107	4107	ELSABE	SPOORMAKER	TEMP	F	50	50-54F	1.19.31
128	101	189	PIET	MEYER	CSEP	M	61	60-64M	1.19.51
129	4133	4133	GERHARDT	UYS	TEMP	M	23	SM	1.20.09
130	61	1564	ZIRK	HAEFELE	NEDBANK	M	33	SM	1.20.13
131	1314	350	GEORGE	WINSHIP	MUIRITE	M	45	45-49M	1.20.33
132	1265	1829	LAWRENCE	BERNARD	HDORP	M	52	50-54M	1.20.40
133	11	209	LINDIE	STANDER	CSEP	F	26	SF	1.20.50
134	98	943	DENISE	DARLOW	CHARLO	F	42	40-44F	1.21.14
135	24	1270	RIAAAN	BARNARD	ELITEAC	M	42	40-44M	1.21.15
136	51	1191	YOLANDE	KNOETZE	ELITEAC	F	43	40-44F	1.21.28
137	4092	4092	JEANNE-MARIE	AGENBAG	TEMP	F	28	SF	1.21.29
138	4199	4199	ANNALISE	VILJOEN	TEMP	F	28	SF	1.22.01
139	86	5033	GINA	WATSON	MULTI	F	27	SF	1.22.01
140	41	1117	PETER	POHLMANN	ACH	M	47	45-49M	1.22.09
141	134	2022	AUBREY	LE ROUX	TREEC	M	57	55-59M	1.22.10
142	144	2782	NOLAN	SMITH	SAPPE	M	48	45-49M	1.22.11
143	76	249	NURUNNISA	MADATT	MALABAR	F	48	45-49F	1.22.16
144	4050	4050	HENNIE	THERON	TEMP	M	33	SM	1.22.21
145	4114	4114	HERMAN	PIETERSE	TEMP	M	40	40-44M	1.22.21
146	1371	1610	ESTELLE	UYS	CSIR	F	52	50-54F	1.22.27
147	4052	4052	ALANDA	BORNMAN	TEMP	F	26	SF	1.22.28
148	1360	1332	CHRISTINE	SNYMAN	VWAC	F	54	50-54F	1.22.30
149	4053	4053	MARIANA	BORNMAN	TEMP	F	55	55-59F	1.22.39
150	1246	1823	CAROL	BERNARD	HDORP	F	46	45-49F	1.22.45
151	4140	4140	SANET	DU TOIT	TEMP	F	39	35-39F	1.22.46
152	137	1540	JOHAN	FERREIRA	NEDBANK	M	37	35-39M	1.22.48
153	942	1944	ANDRE	PIENAAR	BLUEBAY	M	48	45-49M	1.22.59
154	4068	4068	CORA	VAN DER WATH	TEMP	F	60	60-64F	1.23.15
155	1354	951	MEGAN	WILSON	CHARLO	F	15	JF	1.23.18
156	32	215	MAGDALENA	VAN JAARSVELD	NEDRCFSA	F	41	40-44F	1.23.26
157	14	2087	MR	WYNGAARD	SANDFWP	M	52	50-54M	1.23.31
158	4079	4079	MEIRING	FERREIRA	TEMP	M	45	45-49M	1.23.34
159	4081	4081	ANIENA	PRINSLOO	TEMP	F	22	SF	1.23.34
160	1370	1609	JOHAN	UYS	CSIR	M	54	50-54M	1.23.35
161	170	3938	MARIETJIE	VAN LILL	MAG	F	44	40-44F	1.23.36
162	4080	4080	DAPPIE	PRINSLOO	TEMP	M	55	55-59M	1.23.36
163	87	760	ALETTA	JOUBERT	CRUSADE	F	49	45-49F	1.23.42
164	4060	4060	DANIEL	BRINK	TEMP	M	41	40-44M	1.23.45
165	4095	4095	JEANNE	AGENBAG	TEMP	F	54	50-54F	1.23.48
166	4093	4093	KOTIE	AGENBAG	TEMP	F	25	SF	1.24.01
167	888	1210	JAN	LE ROUX	ELITEAC	M	51	50-54M	1.24.04
168	4195	4195	JOHANN	HORAK	TEMP	M	58	55-59M	1.24.07
169	1367	752	DEREK	DAVIDSON	CRUSADE	M	59	55-59M	1.24.18
170	4096	4096	JOHANN	LE ROUX	TEMP	M	30	SM	1.24.30
171	169	3037	ASHLEY	WILLIAMS	IRENE	M	54	50-54M	1.24.35
172	1307	907	HENNIE	VAN ZYL	CHARLO	M	47	45-49M	1.24.35
173	1305	1459	JACO	KLOPPER	NMMU	M	48	45-49M	1.24.36
174	1306	93	LANCE	SHORTT	PEAAC	M	59	55-59M	1.24.36
175	45	1920	CHRISTA	MEUWESEN	BLUEBAY	F	44	40-44F	1.24.42
176	4113	4113	HENRY	BAATJIES	TEMP	M	48	45-49M	1.24.53
177	4066	4066	CONSTANCE	PANSEGROUW	TEMP	F	30	SF	1.24.57
178	4088	4088	LAUREN	BAYNES	TEMP	F	25	SF	1.25.07
179	1171	735	ROBERT	ELFICK	CRUSADE	M	42	40-44M	1.25.16
180	50	755	FRED	ALLIBONE	CRUSADE	M	41	40-44M	1.25.17
181	4074	4074	WAYNE	DENYSSCHEN	TEMP	M	30	SM	1.25.30
182	4121	4121	WILLEM	ROSSOUW	TEMP	M	20	SM	1.25.39
183	1363	1493	VUYO	GROOTBOOM	NEDBANK	M	33	SM	1.25.43
184	4058	4058	BAREND	VAN WYK	TEMP	M	37	35-39M	1.25.59
185	1330	1379	HELEN	MC LEAN	MADIBA	F	50	50-54F	1.26.19
186	75	575	DAVID	UITHALER	WILLARD	M	64	60-64M	1.26.20
187	65	2789	COLLEEN	MOSES	SAPPE	F	35	35-39F	1.26.22
188	64	2788	ANDREW	MOSES	SAPPE	M	37	35-39M	1.26.23
189	4125	4125	TINA	OLCKERS	TEMP	F	31	SF	1.26.32
190	155	1195	RONELL	NIKSCH	ELITEAC	F	48	45-49F	1.26.35

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
191	154	1243	WILLIAM	GROBLER	ELITEAC	M	62	60-64M	1.26.36
192	156	2020	CHRIS	BEKKER	TREEC	M	58	55-59M	1.26.42
193	4142	4142	ANDRE	LOUW	TEMP	M	22	SM	1.26.49
194	4141	4141	OLLIE	MENTZ	TEMP	M	22	SM	1.26.49
195	4117	4117	AMANDA	WOLMARANS	TEMP	F	52	50-54F	1.26.50
196	1302	69	NIC	SNYMAN	PEAAC	M	66	65-69M	1.26.51
197	15	345	PETER	ECK	MUIRITE	M	64	60-64M	1.27.01
198	941	1901	PETRA	PIENAAR	BLUEBAY	F	46	45-49F	1.27.08
199	16	1192	DORIS	LIBERTY	ELITEAC	F	50	50-54F	1.27.17
200	93	725	GRAHAM	ELBOURNE	CRUSADE	M	58	55-59M	1.27.39
201	68	758	COLIN	MURRAY	CRUSADE	M	55	55-59M	1.28.01
202	12	1462	TERRAY	NEWCOMBE	NEDBANK	F	19	JF	1.28.12
203	1342	332	GREGORY	BILLSON	MUIRITE	M	42	40-44M	1.28.20
204	59	1208	JAN	VON MOLLENDORF	ELITEAC	M	65	65-69M	1.28.29
205	4128	4128	TAMMI	GREYVENSTEYN	TEMP	F	26	SF	1.28.40
206	4126	4126	CHRISTOPHER	CWEYA	TEMP	M	30	SM	1.28.41
207	1272	1883	STEFFEN	NOTLEY	PROFILES	M	26	SM	1.29.03
208	897	1567	ELAINE	KOCK	NEDBANK	F	41	40-44F	1.29.08
209	70	737	ROSEMARY	JOUBERT	CRUSADE	F	50	50-54F	1.29.18
210	890	2035	DEON	VAN DER MERWE	TREEC	M	41	40-44M	1.29.25
211	37	2027	FANIE	CLAASSEN	TREEC	M	53	50-54M	1.29.26
212	131	472	LETA	DOS SANTOS	WAC	F	46	45-49F	1.29.36
213	79	1553	LEONIE	AH KEE	NEDBANK	F	37	35-39F	1.29.48
214	4144	4144	PETRO	WAGNER	TEMP	F	24	SF	1.29.51
215	72	958	JADE	MARDON	CHARLO	M	38	35-39M	1.29.58
216	162	2030	DIRK	JANSEN	TREEC	M	61	60-64M	1.30.03
217	4138	4138	JACO	VAN NIEKERK	TEMP	M	48	45-49M	1.30.04
218	4083	4083	ADRI	RAUTENBACH	TEMP	F	24	SF	1.30.27
219	17	2362	GIDEON	LABUSCHAGNE	MUIRITE	M	50	50-54M	1.30.32
220	63	1105	ROBIN	CLARK	ACH	M	69	65-69M	1.30.34
221	69	2389	DALE	WATSON	CRUSADE	M	41	40-44M	1.30.35
222	94	726	ROBIN	ELBOURNE	CRUSADE	F	53	50-54F	1.30.42
223	1346	836	KATIE	MORRIS	CRUSADE	F	27	SF	1.30.45
224	4109	4109	JENNY	EASTMAN	TEMP	F	50	50-54F	1.30.49
225	97	32	ALEXANDER	WEST	PEAAC	M	16	JM	1.31.01
226	1266	312	JOHNDAVID	METCALF	MUIRITE	M	53	50-54M	1.31.05
227	66	1440	TOYS	WATSON	NEDBANK	M	44	40-44M	1.31.07
228	1340	365	CLAYTON	HISCOCK	MUIRITE	M	41	40-44M	1.31.17
229	4065	4065	BARBARA-DEE	DARNE	TEMP	F	44	40-44F	1.31.25
230	1244	981	HELEN	SHORT	CHARLO	F	35	35-39F	1.31.28
231	1243	977	JEREMY	SHORT	CHARLO	M	36	35-39M	1.31.28
232	4056	4056	ANDRE	VAN NIEKERK	TEMP	M	48	45-49M	1.31.29
233	54	451	LYNETTE	CRAUSE	WAC	F	50	50-54F	1.31.36
234	18	2006	WERNER	CLAASSEN	TREEC	M	46	45-49M	1.31.43
235	40	1135	MOF	BOTHA	ACH	M	55	55-59M	1.31.46
236	4055	4055	ANDREW	MOWER	TEMP	M	42	40-44M	1.32.10
237	4072	4072	BILL	BROWN	TEMP	M	52	50-54M	1.32.12
238	67	1515	YOLANDE	WATSON	NEDBANK	F	48	45-49F	1.32.20
239	88	761	CHARLENE	DE CONING	CRUSADE	F	46	45-49F	1.32.31
240	775	634	CLAUDETTE	LESCH	COEGA AC	F	37	35-39F	1.32.44
241	80	1552	BRENT	AH KEE	NEDBANK	M	41	40-44M	1.32.53
242	4119	4119	SONJA	SAUNDERS	TEMP	F	40	40-44F	1.33.24
243	4071	4071	LAURENE	MULLER	TEMP	F	39	35-39F	1.33.30
244	4063	4063	LOUIS	MULLER	TEMP	M	35	35-39M	1.33.31
245	1380	1380	UNKNOWN		TEMP	M	30	SM	1.34.00
246	1322	742	COLIN	MC ALL	CRUSADE	M	60	60-64M	1.34.06
247	1374	2058	RONNIE	JONKER	TREEC	M	41	40-44M	1.34.16
248	1373	2059	YVETTE	JONKER	TREEC	F	38	35-39F	1.34.17
249	4001	4001	TERESA	VAN JAARVELD	TEMP	F	39	35-39F	1.34.44
250	1369	1680	KIM	VENTER	TRIANGLE	F	26	SF	1.34.45
251	1368	1677	PETER	VENTER	TRIANGLE	M	30	SM	1.34.46
252	4086	4086	RONALD	MARAIS	TEMP	M	37	35-39M	1.35.17
253	1268	15692	ANDRE	GELDENHUYS	BENNOR	M	61	60-64M	1.35.26
254	4137	4137	CHRISTINE	VAN NIEKERK	TEMP	F	46	45-49F	1.35.30

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
255	1356	1696	DUNCAN	MILNE	TRIANGLE	M	28	SM	1.35.59
256	4129	4129	LEE-ANNE	COLLYER	TEMP	F	28	SF	1.36.00
257	4076	4076	MICHAEL	SCHEPERS	TEMP	M	46	45-49M	1.36.01
258	4116	4116	MARYKE	ELS	TEMP	F	38	35-39F	1.36.02
259	4047	4047	JANINE	ZAAYMAN	TEMP	F	54	50-54F	1.36.21
260	4136	4136	WALDO	VAN NIEKERK	TEMP	M	17	JM	1.36.27
261	4130	4130	MARIJKE	VERMAAK	TEMP	F	27	SF	1.36.48
262	31	115	HENDRIK	SCHOLTZ	PEAAC	M	52	50-54M	1.36.58
263	139	1203	HELEN	FOURIE	ELITEAC	F	41	40-44F	1.37.04
264	4046	4046	JANIE	LAMONT	TEMP	F	58	55-59F	1.37.16
265	1366	2270	PIETER	STEYN	NMMU	M	52	50-54M	1.37.29
266	102	465	HELMUT	TERBLANS	WAC	M	45	45-49M	1.37.30
267	1271	2008	CATHY	ALLERS	TREEC	F	48	45-49F	1.37.38
268	3	2028	TERTIA	GROBLER	TREEC	F	51	50-54F	1.37.38
269	62	1596	ARUSHKE	HAEFELE	NEDBANK	F	30	SF	1.37.39
270	159	1577	JACKIE	ELLIOTT GENTRY	NEDBANK	F	45	45-49F	1.37.41
271	4123	4123	LANA	VAN ZYL	TEMP	F	34	SF	1.37.41
272	1269	865	PIET	SCHOLTZ	QH	M	66	65-69M	1.37.42
273	1310	1381	WILLEM	JORDAAN	NEDBANK	M	28	SM	1.38.05
274	1303	30	RETHA	SNYMAN	PEAAC	F	63	60-64F	1.38.09
275	4103	4103	JACQUE	DU PLESSIS	TEMP	M	39	35-39M	1.39.52
276	99	500	ALAN	PENNEY	WAC	M	64	60-64M	1.39.54
277	47	1118	RODNEY	MAGGOTT	ACH	M	52	50-54M	1.39.57
278	46	1165	LESLEY	MAGGOTT	ACH	F	43	40-44F	1.39.57
279	960	1513	NELMARIE	HUMAN	PROFILES	F	37	35-39F	1.39.58
280	4099	4099	MORNE	VICTOR	TEMP	M	40	40-44M	1.39.59
281	2918	2918	MARIJKE	VAN STADEN	TEMP	F	35	35-39F	1.40.34
282	56	1355	JOS	ELS	MADIBA	F	58	55-59F	1.40.34
283	138	1204	ANDRE	FOURIE	ELITEAC	M	63	60-64M	1.40.36
284	1353	918	TANYA	WILSON	CHARLO	F	18	JF	1.40.38
285	1349	5099	LOUIS	CLAASSENS	PHOB	M	62	60-64M	1.40.41
286	1357	952	KIMBERLEY	WILSON	CHARLO	F	15	JF	1.40.43
287	4045	4045	MARITZ	VAN HEERDEN	HDORP	M	20	SM	1.40.52
288	1351	953	MANUELA	WILSON	CHARLO	F	40	40-44F	1.40.57
289	4115	4115	MARISSA	VAN DER VYVER	TEMP	F	34	SF	1.41.04
290	774	2325	IRMA	INGRAM	NEDBANK	F	45	45-49F	1.41.17
291	1433	1433	UNKNOWN		TEMP	M	30	SM	1.41.23
292	136	496	JOHN	PEREIRA	WAC	M	30	SM	1.41.40
293	1348	2396	DANNY	CARMICHAEL-GREEN	RWFLWP	M	46	45-49M	1.41.57
294	52	1256	MARIUS	GREYLING	ELITEAC	M	54	50-54M	1.42.32
295	4049	4049	ANJA	MYBURGH	TEMP	F	33	SF	1.42.41
296	4118	4118	JEANNINE	TERBLANCHE	TEMP	F	38	35-39F	1.43.28
297	4135	4135	MARINE	NEL	TEMP	F	16	JF	1.43.51
298	4064	4064	INA	DE VILLIERS	TEMP	F	37	35-39F	1.43.52
299	1352	703	PETER	DUFFELL-CANHAM	CRUSADE	M	58	55-59M	1.43.55
300	36	2026	VERNA	CLAASSEN	TREEC	F	48	45-49F	1.44.15
301	57	27	GESINA	OOSTHUIZEN	PEAAC	F	52	50-54F	1.44.16
302	58	26	HENNIE	OOSTHUIZEN	PEAAC	M	53	50-54M	1.44.31
303	1359	1333	ANTON	SNYMAN	VWAC	M	55	55-59M	1.44.42
304	1375	1324	LOUWRENS	BASSON	VWAC	M	48	45-49M	1.44.44
305	1372	1323	WILNA	BASSON	VWAC	F	47	45-49F	1.44.46
306	1304	1042	QUENTIN	BURRELL	X-CEL	M	48	45-49M	1.44.49
307	4070	4070	JANINE	MOSTERT	TEMP	F	31	SF	1.45.08
308	1377	1740	CLIVE	BATTY	TRIANGLE	M	66	65-69M	1.45.10
309	938	579	SHIRLEEN	CLARKE	LEGACY	F	48	45-49F	1.45.26
310	96	79	LISA	WEST	PEAAC	F	47	45-49F	1.45.48
311	4134	4134	PORTIA	MENZE	TEMP	F	29	SF	1.46.26
312	1170	331	MARGARET	DU TOIT	MUIRITE	F	49	45-49F	1.47.13
313	1381	588	RALTON	TERBLANCHE	LEGACY	M	48	45-49M	1.47.15
314	1362	5899	BERNIE	LATIMER	DURBAC	F	41	40-44F	1.48.40
315	961	329	ORGIA	NELL	MUIRITE	F	67	65-69F	1.49.03
316	35	140	SICELO	THABETHE	PEAAC	M	37	35-39M	1.49.13
317	133	3	DOROTHY	HART	PEAAC	F	72	70+F	1.49.16
318	89	99	CHARLES	GOLDSWAIN	PEAAC	M	26	SM	1.49.17

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
319	4110	4110	MARLENE	FERREIRA	TEMP	F	54	50-54F	1.49.36
320	4077	4077	LIANA	VOSLOO	TEMP	F	24	SF	1.50.07
321	4054	4054	LIEZEL	PRETORIUS	TEMP	F	26	SF	1.50.08
322	1238	586	TISH	GRUNDLING	LEGACY	F	22	SF	1.50.44
323	1239	587	MATTHYS	FOURIE	LEGACY	M	23	SM	1.50.45
324	7	1641	SANDRE	SHARE	TRIANGLE	F	45	45-49F	1.51.19
325	151	1679	GENEVIEVE	LAYCOCK	TRIANGLE	F	41	40-44F	1.52.57
326	1319	334	NEIL	GROBLER	MUIRITE	M	50	50-54M	1.52.58
327	140	510	ELIZABETH	PEREIRA	WAC	F	52	50-54F	1.53.01
328	1326	2634	CAROL	HUNT	CRUSADE	F	47	45-49F	1.53.16
329	160	2002	HENDRINA	CLAASSEN	TREEC	F	54	50-54F	1.53.24
330	1240	187	MARIETHA	DIPPENAAR	AGAPE	F	66	65-69F	1.53.48
331	157	1601	JOHN	PEART	NEDBANK	M	74	70+M	1.55.06
332	4044	4044	MITZI	VAN HEERDEN	HDORP	F	52	50-54F	1.55.14
333	95	210	GERT	DEYZEL	CSEP	M	61	60-64M	1.56.11
334	167	3089	NADIA	PETERSEN	FREDNOR	F	54	50-54F	1.56.12
335	4101	4101	RHONELL	DU PLESSIS	TEMP	F	70	70+F	1.57.03
336	145	77	ELMARIE	IKONOMOU	PEAAC	F	62	60-64F	1.57.10
337	8	1651	SONJA	BARKER	TRIANGLE	F	47	45-49F	1.58.22
338	1942	1545	BERENICE	SMITH	NEDBANK	F	45	45-49F	1.59.27
339	91	473	DENISE	TERBLANCHE	WAC	F	63	60-64F	1.59.44
340	4078	4078	DMTRIOS	KATSIKAS	TEMP	M	63	60-64M	2.00.35
341	4090	4090	DANIEL	EDOUARD-BETSY	TEMP	M	57	55-59M	2.01.05
342	4067	4067	JEANNE	DORFLING	TEMP	F	64	60-64F	2.01.06
343	150	594	MARLENE	HERSELMAN	LEGACY	F	49	45-49F	2.02.57
344	74	1409	CARL	BURGER	NEDBANK	M	62	60-64M	2.03.00
345	92	494	STEPHANIE	HAY	WAC	F	55	55-59F	2.03.35
346	962	585	DEBBIE	OELOFSE	LEGACY	F	64	60-64F	2.03.57
347	4089	4089	SYLVIE	MAUER	TEMP	F	54	50-54F	2.04.07
348	1311	1382	CHARMAINE	JORDAAN	NEDBANK	F	27	SF	2.04.34
349	1273	1882	LEZANNE	NOTLEY	PROFILES	F	27	SF	2.05.01
350	1358	10224	MAGGIE	LANGLANDS	PIR	F	62	60-64F	2.06.22
351	42	1229	RINA	BARNARD	ELITEAC	F	57	55-59F	2.06.23
352	21	1297	KAYLENE	GOLIATH	EBENEZER	F	42	40-44F	2.07.01
353	135	477	VAL	SANDOW	WAC	F	65	65-69F	2.09.33
354	147	275	CAROL	NEPGEN	KOWIE	F	59	55-59F	2.10.08
355	146	277	JEAN	NEPGEN	KOWIE	M	65	65-69M	2.10.09
356	1361	460	CATHY	CORNHILL	WAC	F	51	50-54F	2.15.24
357	1325	2366	HANTIE	NELSON	BELLVILL	F	44	40-44F	2.12.42
358	4104	4104	ANDRE	PIENAAR	TEMP	M	71	70+M	2.14.30
359	166	3723	ABIE	PETERSEN	BROTHER	M	69	65-69M	2.15.12
360	955	489	ANNA	CRUYWAGEN	WAC	F	57	55-59F	2.15.20
361	1364	462	JANICE	BELL	WAC	F	46	45-49F	2.15.21
362	4120	4120	JUDITH	CANTOR	TEMP	F	37	35-39F	2.15.42
363	1376	1412	GLENYS	JOUBERT	NEDBANK	F	59	55-59F	2.15.50
364	73	1410	ESTELLE	BURGER	NEDBANK	F	53	50-54F	2.15.51
365	4105	4105	ANJA	PIENAAR	TEMP	F	62	60-64F	5.21.64
366	142	505	SILVIA	JONCK	WAC	F	49	45-49F	2.17.40
HELPERS RUN									
H1	130	639	KOBUS	JOUBERT	JEFFBAY	M	35	35-39M	0.54.17
H2	127	658	ANDRE	VAN DEN BERG	JEFFBAY	M	51	50-54M	0.58.29
H3	124	647	PONTI	DE VILLIERS	JEFFBAY	M	39	35-39M	1.02.34
H4	173	676	IAN	HUMPHRIES	JEFFBAY	M	34	SM	1.02.44
H5	168	642	GERHARD	KRAUSE	JEFFBAY	M	30	SM	1.12.21
H6	9001	657	GERRIE	HERMANN	JEFFBAY	M	54	50-54M	1.12.22
H7	172	673	LEONIE	HUMPHRIES	JEFFBAY	F	33	SF	1.13.40
H8	9002	659	SUZANNE	LAVIS	JEFFBAY	F	52	50-54F	1.15.20
H9	105	682	NICO	KERSOP	JEFFBAY	M	31	SM	1.21.13
H10	104	666	MARIUS	MEYER	JEFFBAY	M	28	SM	1.21.13
H11	9003	654	CARIN	DU PREEZ	JEFFBAY	F	35	35-39F	1.24.02
H12	103	694	SARETTE	VAN VUUREN	JEFFBAY	F	39	35-39F	1.24.02
H13	126	683	CHRISTELLE	BLUME	JEFFBAY	F	42	40-44F	1.24.38
H14	128	692	JOHAN	BEZUIDENHOUT	JEFFBAY	M	59	55-59M	1.52.00
H15	129	693	AMANDA	BEZUIDENHOUT	JEFFBAY	F	56	55-59F	1.52.00