



Time Trial held on 17 February 2011:

4km -

NAME	CLUB	SEX	TIME
Duncan Ralston	St Andrew's	M	14.45
Mlamli Klaas	Run/Walk For Life AC	M	15.52
Siweze Stamper	Graeme	M	16.00
Dylan Ramsay	St Andrew's	M	16.02
Mathew Archer	St Andrew's	M	16.03
Terri-Lynn Penney	Run/Walk For Life AC	F	16.17
Connor Roberts	St Andrew's	M	16.24
Chris Gerber	Graeme	M	16.37
Zuko Ntapa	Graeme	M	16.48
Charles Price-Smith	St Andrew's	M	16.49
Matthew Ferreira	St Andrew's	M	16.55
Bukho Kagoro	Graeme	M	17.03
Harley Woolford	St Andrew's	M	17.21
Stephen Penney	Run/Walk For Life AC	M	17.22
Gordon-Wayne Plaatjies	Graeme	M	17.29
Sethu Pinini	Graeme	M	17.40
Abongile Ngqakaqna	Graeme	M	17.40
Angela Frazer	Graeme	M	17.49
Xanti Sandi	Graeme	M	17.56
Luke Scharneck	Graeme	M	18.26
Aviwe Matyumza	Graeme	M	18.35
Olwethu Hans	Graeme	M	18.42
Anthoni du Preez	Graeme	M	18.47
Lee Mapaling	Graeme	M	18.52
Siphe Ngindana	Graeme	M	19.09
Siphe Mhlom	Graeme	M	19.11
Tyrone Rankin	Graeme	M	19.15
Dalu January	Graeme	M	19.50
Vuyo Mayadlela	Graeme	M	20.43
Lungi Dube	Graeme	M	21.17
Ivan Marais	Graeme	M	21.28
Juanita Fuller	Run/Walk For Life AC	M	21.33
Taiga Haywood	Graeme	M	21.36
Hendrien Coetzee	Run/Walk For Life AC	F	23.26

Sheet1

Zelda van Onselen	Run/Walk For Life AC	F	24.05
Sibulele Mabindla	Graeme	M	24.11
Langa Nyanda	Graeme	M	24.44
Amy Taylor	Run/Walk For Life AC	F	26.08