

MARINA SEA SALT 15KM - PORT ELIZABETH - 2011/01/15

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1638	864	LUNGILE	GONGQA	MPEP	M	31	SM	0.46.33	5
2	1366	863	ZOLANI	NGQAQA	MPEP	M	22	SM	0.46.43	5
3	1367	862	MASIXOLE	DLAKU	MPEP	M	32	SM	0.48.18	5
4	1365	861	KHAYALETHU	MAKALIMA	MPEP	M	27	SM	0.48.55	5
5	1740	109	BULELANI	NIWA	PEAAC	M	25	SM	0.49.13	5
6	4251	4251	MZWANELE	MAPHEKULA	TEMP	M	34	SM	0.49.21	5
7	1400	2460	ANELE	MALIZA	NEDBANK	M	32	SM	0.50.30	5
8	3053	2364	MASANDE	MLONYENI	TREAGN	M	30	SM	0.50.45	0
9	1480	1475	MILA	PASIYA	NEDBANK	M	31	SM	0.50.47	5
10	4216	4216	MTHANDAZO	LONI	NO CLUB	M	17	JM	0.50.49	0
11	1402	380	LUYANDA	TSHANGANE	MPEP	M	27	SM	0.50.50	5
12	2217	408	ROBERLTUIS	MATTHYS	MPEP	M	34	SM	0.51.36	5
13	1395	1478	CHRISTOPHER	MABENGEZA	NEDBANK	M	44	40-44M	0.51.38	5
14	2207	1481	MABOYISANA	MAZWAYI	NEDBANK	M	42	40-44M	0.52.15	5
15	3038	3038	ZANDISILE	MPISANE	MPEP	M	27	SM	0.52.24	5
16	2227	1420	GEORGE	NTSHILIZA	NEDBANK	M	31	SM	0.52.46	5
17	1529	2344	SINEKHAYA	NDLAKUSE	NEDBANK	M	21	SM	0.53.41	5
18	1714	1453	THEMBINKOSI	MDYOGOLO	NEDBANK	M	42	40-44M	0.53.59	5
19	1404	1710	MUTEKILE	RASMENI	TRIANGLE	M	46	45-49M	0.54.16	5
20	1516	141	MONGEZI	MBOYA	PEAAC	M	33	SM	0.54.29	5
21	1741	398	SYLVESTER	HONNIE	MPEP	M	32	SM	0.55.14	4
22	1543	1396	ERIC	SIGXASHE	NEDBANK	M	32	SM	0.55.14	4
23	1401	1497	THOBILE	XATA	NEDBANK	M	36	35-39M	0.55.47	5
24	1696	385	FREDDIE	JANTJIES	MPEP	M	41	40-44M	0.56.04	5
25	6063	1734	THANDO	BIXA	TRIANGLE	M	30	SM	0.56.11	4
26	1710	956	THEMBEKILE	MSIPA	CHARLO	M	36	35-39M	0.56.49	4
27	1405	2329	MZUKISI	KLAAS	NEDBANK	M	42	40-44M	0.56.49	5
28	1475	1574	MELIKHAYA	FRANS	NEDBANK	M	18	JM	0.57.04	4
29	1482	1521	AYANDA	MAYI	NEDBANK	M	31	SM	0.57.45	4
30	1383	1254	ALFRED	SPIERS	ELITEAC	M	50	50-54M	0.58.10	5
31	2274	1659	DARRELL	WICHT	TRIANGLE	M	47	45-49M	0.58.12	5
32	1508	1572	SISA	CAMASU	NEDBANK	M	36	35-39M	0.58.20	4
33	117	1127	BRADLEY	MACKENZIE	ACH	M	39	35-39M	0.58.39	4
34	3083	2077	JUAN	CORDIER	TREEC	M	25	SM	0.58.54	3
35	1713	1713	BONGANI	BASHE	NEDBANK	M	29	SM	0.59.15	3
36	1722	1722	GRAHAM	ESHMADE	CRUSADE	M	33	SM	0.59.23	3
37	3058	2121	HEIN	LODEWYKS	NMMU	M	28	SM	0.59.23	3
38	1408	228	CONRAD	CHARLES	MALABAR	M	20	SM	0.59.33	3
39	59	62	ALFRED	PAKKIES	PEAAC	M	42	40-44M	0.59.54	4
40	1471	1395	JOHN	RAFANI	NEDBANK	M	43	40-44M	1.00.08	4
41	1733	167	GEDDES	GALLANT	SANDFEP	M	44	40-44M	1.00.18	4
42	3030	1989	CHRISTO	MULLER	BODYCON	M	42	40-44M	1.00.25	4
43	2248	1107	KAASHIEF	PIETERSEN	ACH	M	34	SM	1.00.36	3
44	61	13	MALUNGISA	OLAYI	PEAAC	M	31	SM	1.01.12	3
45	2287	1779	VERNON	NEWFELDT	WILLARD	M	44	40-44M	1.01.26	3
46	1473	1214	CHARLES	BAATJIES	ELITEAC	M	54	50-54M	1.01.40	5
47	1384	2451	XOLISA	KULA	NEDBANK	M	20	SM	1.01.45	3
48	2286	1032	JACOB	ABRAHAM	BODYCON	M	44	40-44M	1.01.46	3
49	1479	1400	DISQUALIFIED		NEDBANK	M	21	SM	1.02.07	0
50	3047	1715	NKOSINATHI	VLAKBOK	TRIANGLE	M	33	SM	1.02.07	3
51	1530	168	BRENDON	PERSENS	SANDFEC	M	36	35-39M	1.02.25	3
52	3031	1520	SELWYN	ISAACS	NEDBANK	M	36	35-39M	1.02.48	3
53	2288	1216	RUDI	VAN TONDER	ELITEAC	M	38	35-39M	1.02.48	3
54	2261	1757	MERWYN	JOHNSON	WILLARD	M	37	35-39M	1.02.59	3
55	83	1184	SIZINZO	KAMA	ACH	M	59	55-59M	1.03.00	5
56	1391	2018	JACQUES	BARNARD	TREEC	M	34	SM	1.03.07	3
57	1399	2299	MARTIN	JANSEN	NEDBANK	M	42	40-44M	1.03.20	3
58	1407	2331	COLBEN	NGCUPE	NEDBANK	M	47	45-49M	1.03.21	4
59	1396	1401	SAMKELO	SINYONGO	NEDBANK	M	29	SM	1.03.26	3
60	3241	1575	DEON	ZEELIE	NEDBANK	M	42	40-44M	1.03.31	3
61	3032	1328	URAN	LE ROUX	VWAC	M	44	40-44M	1.03.55	3
62	1724	2692	KGAPE	WILLIAMS	ASPEN	M	24	SM	1.04.01	2
63	1476	1500	MBUYISELI	SITENGE	NEDBANK	M	32	SM	1.04.06	2
64	2276	201	JOSEPH	BAIN	CSEP	M	51	50-54M	1.04.12	4
65	87	2012	HENDRIK	VAN WYK	TREEC	M	46	45-49M	1.04.14	3
66	1705	1773	GILROY	DOMINGO	WILLARD	M	38	35-39M	1.04.21	3
67	3062	1666	SIPHO	NCANDANA	TRIANGLE	M	54	50-54M	1.04.33	4

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68	1707	301	IAN	PATTERSON	MUIRITE	M	47	45-49M	1.04.47	3
69	1701	1287	RODGER	GYSMAN	EBENEZER	M	37	35-39M	1.04.48	3
70	93	2029	FERDINAND	GROBLER	TREEC	M	52	50-54M	1.04.49	4
71	69	1168	ANDREW	PORTER	ACH	M	39	35-39M	1.04.56	3
72	4370	4370	UNKNOWN		TEMP	M	26	SM	1.04.59	0
73	3093	1196	PETER	VAN RENSBURG	ELITEAC	M	52	50-54M	1.05.02	4
74	3196	957	SINDILE	SKITI	CHARLO	M	33	SM	1.05.20	2
75	1690	1573	TAMSANQA	JUSAYI	NEDBANK	M	68	65-69M	1.05.30	5
76	4222	4222	BRIAN	SAUNDERS	TEMP	M	18	JM	1.05.33	0
77	2232	1762	LENNETH	ERASMUS	WILLARD	M	52	50-54M	1.05.50	4
78	54	1450	DARRYL	BAGLEY	NEDBANK	M	35	35-39M	1.06.13	2
79	4162	4162	BATHANDWA	MOOI	TEMP	M	26	SM	1.06.26	0
80	3202	979	DEREK	WILSON	CHARLO	M	46	45-49M	1.06.34	3
81	49	1603	MORNE	VAN WYK	NEDBANK	M	40	40-44M	1.06.38	3
82	68	34	ROBERT	RIETMULLER	PEAAC	M	54	50-54M	1.06.40	3
83	1539	2619	GAVIN	ASSAM	ASPEN	M	36	35-39M	1.06.41	2
84	2292	1003	MARIUS	VAN EYK	BODYCON	M	46	45-49M	1.06.48	3
85	3459	904	MICHAEL	CHARLEWOOD	CHARLO	M	44	40-44M	1.06.55	2
86	1385	1093	WAYNE	MITCHELL	ACH	M	37	35-39M	1.06.58	2
87	1354	1354	HANNES	ELS	MADIBA	M	61	60-64M	1.06.59	5
88	4159	2326	ELROY	MATTHEWS	NEDBANK	M	41	40-44M	1.07.12	2
89	1739	1771	DEON	MIGGELS	WILLARD	M	40	40-44M	1.07.26	2
90	3100	1037	FRANK	PUNSHON	BODYCON	M	33	SM	1.07.28	2
91	4336	4336	CLAUDE	RADEMEYER	TEMP	M	30	SM	1.07.35	0
92	84	1156	BRUCE	MCEWAN	ACH	M	57	55-59M	1.07.37	4
94	4286	4286	MZIMKHULU	NCWADI	TEMP	M	45	45-49M	1.08.02	0
95	2271	1258	JOHANN	POSTMA	ELITEAC	M	45	45-49M	1.08.04	3
96	4184	4184	DEON	CLAASSEN	TEMP	M	35	35-39M	1.08.09	0
97	1532	39	PHILBERT	TYOMBO	PEAAC	M	48	45-49M	1.08.10	3
98	2277	221	GRAHAM	BUBB	CSEP	M	42	40-44M	1.08.17	2
99	1474	1033	SIME	BAYNES	BODYCON	F	27	SF	1.08.18	3
100	2285	1801	PETER	WILDSCHUT	CADBURY	M	34	SM	1.08.24	2
101	1639	1863	SIERAAGH	NORDIEN	MALABAR	M	47	45-49M	1.08.31	3
102	3155	915	JOHN	WARNES	CHARLO	M	47	45-49M	1.08.54	3
103	1745	170	WELLINGTON	TSHINGANE	SANDFEP	M	40	40-44M	1.09.08	2
104	4154	4154	MADUKA	MICHAEL	TEMP	M	24	SM	1.09.08	0
105	2300	417	BAFUMANE	NYANGA	MPEP	M	50	50-54M	1.09.09	3
106	4246	2459	MATTHEWS	BASKITI	NEDBANK	M	44	40-44M	1.09.11	2
107	3055	1094	CHRISTINE	CLAASSEN	ACH	F	46	45-49F	1.09.14	5
108	3026	1251	DANIEL	FERREIRA	ELITEAC	M	52	50-54M	1.09.47	3
109	1485	1479	MARGIE	SAUNDERS	NEDBANK	F	57	55-59F	1.09.57	5
110	85	1148	PERCY	DALTON	ACH	M	62	60-64M	1.10.04	4
111	53	1010	JAN	VAN EEDEN	NEDBANK	M	52	50-54M	1.10.05	3
112	4183	4183	JULIUS	WHITEBOOI	TEMP	M	35	35-39M	1.10.08	0
113	2291	1103	CHRIS	TERBLANCHE	ACH	M	55	55-59M	1.10.17	3
114	1349	906	CHARLES	CORBY	CHARLO	M	40	40-44M	1.10.23	2
115	2247	1108	GRIZELDA	PIETERSEN	ACH	F	42	40-44F	1.10.25	3
116	3056	1259	STEPHEN	KLUE	ELITEAC	M	52	50-54M	1.10.33	3
117	3184	930	ELMARIE	BEZUIDENHOUT	CHARLO	F	28	SF	1.10.39	2
118	3198	967	MIKE	BURGER	CHARLO	M	51	50-54M	1.10.45	3
119	1487	1568	TINNY	MOFU	NEDBANK	M	44	40-44M	1.10.47	2
120	1517	1792	EUGENE	AFRICA	CADBURY	M	43	40-44M	1.10.50	2
121	1746	307	WARREN	GRIFFITHS	MUIRITE	M	45	45-49M	1.11.07	2
122	1537	323	CLIVE	VAN RAYNER	MUIRITE	M	43	40-44M	1.11.08	2
123	3046	1098	PETER	O'KENNEDY	ACH	M	43	40-44M	1.11.13	2
124	4294	2041	FREEK	DANIELS	TREEC	M	44	40-44M	1.11.20	2
125	1499	1248	LIZETTE	SYDIEN	ELITEAC	F	24	SF	1.11.21	2
126	2298	1027	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	50	50-54F	1.11.25	5
127	2209	1357	BASIL	MCLEAN	MADIBA	M	51	50-54M	1.11.38	2
128	2208	1185	TONY	BOARDMAN	ACH	M	51	50-54M	1.11.39	2
129	26	1780	RONALD	JANTJIES	WILLARD	M	38	35-39M	1.11.53	2
130	2237	132	ERROL	ROSSOUW	PEAAC	M	61	60-64M	1.11.59	3
131	3457	966	SILVIO	SCRIBANTE	CHARLO	M	37	35-39M	1.12.02	2
132	4288	4288	BONAKELE	NKWELANA	TEMP	M	35	35-39M	1.12.09	0
133	39	1517	FRIKKIE	BOSHOFF	NEDBANK	M	31	SM	1.12.16	2
134	1364	480	TANKISO	SEABO	WAC	M	36	35-39M	1.12.16	2
135	4152	4152	MARK	WARD	TEMP	M	28	SM	1.12.52	0
136	66	606	DONEVIN	LESCH	COEGA AC	M	37	35-39M	1.12.56	2

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
137	1693	849	GRAHAM	TERBLANCHE	NMMU	M	46	45-49M	1.12.59	2
138	2211	220	BENNIE	THYSSE	CSEP	M	53	50-54M	1.12.59	2
139	1403	199	DUANE	LERM	CSEP	M	39	35-39M	1.13.00	2
140	4187	4187	CHARLES	STRETCH	TEMP	M	27	SM	1.13.01	0
141	4371	4371	SIVIWE	KHAKANA	TEMP	M	25	SM	1.13.05	0
142	2290	188	RUAN	SMALBERGER	CSEP	M	21	SM	1.13.05	2
143	46	1469	MORNE	GARDINER	NEDBANK	M	34	SM	1.13.06	2
144	1735	225	KERNEELS	MEINTJIES	CSEP	M	51	50-54M	1.13.11	2
145	1737	409	PRISCILLA	DYANTYI	MPEP	F	36	35-39F	1.13.17	2
146	4007	4007	REYNO	MOMBERG	TEMP	M	27	SM	1.13.23	0
147	1470	2036	DANIEL	PIETERSE	TREEC	M	48	45-49M	1.13.25	2
148	1484	2017	HANLIE	VAN DER WESTHUIZEN	TREEC	F	54	50-54F	1.13.26	4
149	43	1585	KOOS	OLIVIER	NEDBANK	M	53	50-54M	1.13.32	2
150	2201	1225	LAURA	MARITZ	ELITEAC	F	50	50-54F	1.13.33	4
151	4186	4186	CATHERINE-ANN	HUSTLER	TEMP	F	24	SF	1.13.44	0
152	3088	1223	CLIFFORD	HICKEN	ELITEAC	M	53	50-54M	1.13.46	2
153	1468	1155	PHILLIP	JACOBS	ACH	M	38	35-39M	1.13.48	2
154	2281	1224	CLIVE	WEWERS	ELITEAC	M	50	50-54M	1.13.49	2
155	35	1202	JAKKIE	GERBER	ELITEAC	M	50	50-54M	1.13.50	2
156	1493	1802	JACOBUS	JULIUS	CADBURY	M	36	35-39M	1.13.54	2
157	2275	1285	CARMENO	COETZEE	VWAC	M	36	35-39M	1.13.56	2
158	1398	14551	NICHOLAS	AFFAT	RAC	M	17	JM	1.13.58	0
159	3090	1199	CAMARIN	VAN EYK	ELITEAC	F	28	SF	1.14.02	2
160	4147	4147	COENIE	KUKKUK	TEMP	M	48	45-49M	1.14.03	0
161	4213	4213	KWANELE	KUHLANE	TEMP	M	42	40-44M	1.14.13	0
162	4	190	ADELE	NEL	CSEP	F	37	35-39F	1.14.13	2
163	3237	246	ZIYAAD	DOLLEY	MALABAR	M	42	40-44M	1.14.21	2
164	2258	1810	GODFREY	KARIEM	CADBURY	M	70	70+M	1.14.24	5
165	2225	2289	BUYELWA	KOBOKANA	NEDBANK	F	45	45-49F	1.14.30	3
166	2226	1733	MICHAEL	KLEINBOOI	TRIANGLE	M	48	45-49M	1.14.40	2
167	4289	4289	GREG	KELLY	RRW	M	34	SM	1.14.42	0
168	3052	148	RENIER	VAN VUUREN	PEAAC	M	53	50-54M	1.14.46	2
169	101	1486	JOHAN	FERREIRA	NEDBANK	M	49	45-49M	1.14.51	2
170	3035	1111	GRAHAM	CHANNON	ACH	M	61	60-64M	1.14.55	3
171	8	2010	PAUL	STEFFENS	TREEC	M	59	55-59M	1.14.57	2
172	3040	337	JOHANNES	HERBST	MUIRITE	M	64	60-64M	1.14.59	3
173	37	1524	SAM	ERASMUS	NEDBANK	M	53	50-54M	1.14.59	2
174	81	1247	MORNE	NEL	ELITEAC	M	32	SM	1.15.13	2
175	2272	2794	ANDRE	NEL	SAPPE	M	50	50-54M	1.15.17	2
176	1541	2462	CHESTER	BROOKS	X-CEL	M	52	50-54M	1.15.29	2
177	1481	1320	PLAAITJIE	DAMONS	VWAC	M	47	45-49M	1.15.42	2
178	58	29	WILLIAM	VORSTER	PEAAC	M	64	60-64M	1.15.48	2
179	82	713	MBULELO	SOBIKWA	CRUSADE	M	56	55-59M	1.15.52	2
180	3086	1124	ROSEMARY	BUCHANAN	ACH	F	25	SF	1.15.53	2
181	2229	303	DE WET	WILLIAMS	MUIRITE	M	48	45-49M	1.15.56	2
182	1706	1072	JEROME	MAY	X-CEL	M	44	40-44M	1.16.32	2
183	1715	1060	JONATHAN	GESWINDT	X-CEL	M	51	50-54M	1.16.34	2
184	1509	2413	SHANNON	SWART	PROFILES	F	28	SF	1.16.47	2
185	4188	4188	MEGAN	HOLMES	TEMP	F	25	SF	1.16.47	0
186	1356	1363	LEON	GROENEWALD	MADIBA	M	44	40-44M	1.16.51	2
187	1518	1495	NEIL	LOOCK	NEDBANK	M	29	SM	1.16.53	1
188	4292	4292	JAN	KAPP	TEMP	M	23	SM	1.17.22	0
189	1527	2326	STEFFEN	NOTLEY	PROFILES	M	26	SM	1.17.30	1
190	3183	925	DEBBIE	DODD	CHARLO	F	40	40-44F	1.17.40	2
191	25	71	ANDREW	HIGGS	PEAAC	M	39	35-39M	1.17.41	1
192	4171	4171	VUSI	MSUTHWANA	TEMP	M	39	35-39M	1.17.48	0
193	4155	4155	BRIDGET	HILL	TEMP	F	24	SF	1.17.50	0
194	2239	254	VERNON	NAIDOO	MALABAR	M	41	40-44M	1.17.50	1
195	4182	4182	CORNEL	GOUWS	TEMP	M	29	SM	1.17.53	0
196	3236	366	CHRISTO	VAN DER WALT	MUIRITE	M	39	35-39M	1.18.02	1
197	3084	2007	JACOBUS	WYATT	TREEC	M	47	45-49M	1.18.10	2
198	3	189	PIET	MEYER	CSEP	M	61	60-64M	1.18.19	2
199	1510	1157	GEOFF	ROBERTS	ACH	M	58	55-59M	1.18.25	2
200	4173	939	MXOLISI	SIZIBA	CHARLO	M	40	40-44M	1.18.26	1
201	2294	848	IVO	MEYER	NMMU	M	36	35-39M	1.18.27	1
202	3042	1220	NOEL	VAN WILLING	ELITEAC	M	44	40-44M	1.18.27	1
203	3154	911	CHRISTO	SCRIVEN	CHARLO	M	28	SM	1.18.32	1
204	3063	2276	MICHAEL	SLATER	NMMU	M	40	40-44M	1.18.33	1

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205	99	470	GIDEON	VAN DER KOLF	MATIES	M	22	SM	1.18.53	0
206	1548	1548	KEVIN	NEFDT	NEDBANK	M	23	SM	1.18.54	1
207	1394	1512	LOUIS	SWIEGELAAR	NEDBANK	M	44	40-44M	1.18.54	1
208	2243	2470	RAYMOND	JACOBS	X-CEL	M	53	50-54M	1.19.01	2
209	4148	4148	TIMOTHY	BARROW	TEMP	M	22	SM	1.19.21	0
210	2241	2321	CRAIG	HAMILTON	PROFILES	M	36	35-39M	1.19.23	1
211	2206	1102	ROGER	TRADER	ACH	M	57	55-59M	1.19.26	2
212	3458	922	DAVID	ENSLIN	CHARLO	M	52	50-54M	1.19.27	2
213	104	1525	JACO	VAN ZYL	NEDBANK	M	45	45-49M	1.19.28	1
214	33	770	ROBERT	BUTTON	OLDSELB	M	51	50-54M	1.19.39	0
215	2242	2473	EUGENE	VAN WYK	X-CEL	M	39	35-39M	1.19.43	1
216	1717	924	GRAHAM	BROOM	CHARLO	M	40	40-44M	1.19.54	1
217	55	1419	MVUZO	MAHLATI	NEDBANK	M	28	SM	1.20.07	1
218	2245	2465	SHAUN	COETZEE	X-CEL	M	41	40-44M	1.20.13	1
219	2203	1028	PAUL	JOHNSON	BODYCON	M	43	40-44M	1.20.20	1
220	3034	1100	GARRETH	JACOBSON	ACH	M	35	35-39M	1.20.21	1
221	2262	305	RIAAN	CLAASSEN	MUIRITE	M	41	40-44M	1.20.22	1
222	4157	4157	WANDILE	DOYI	TEMP	M	42	40-44M	1.20.27	0
223	3060	1338	WILFRED	FRASER	VWAC	M	54	50-54M	1.20.29	2
224	1708	1042	MARK	GROCH	BODYCON	M	31	SM	1.20.30	1
225	4326	4326	DIRK	SCHMIDT	TEMP	M	36	35-39M	1.20.31	0
226	4327	4327	ASHLEY	VAN DER BYL	TEMP	M	32	SM	1.20.32	0
227	1503	2461	LEONARD	GROVES	WILLARD	M	46	45-49M	1.20.51	1
228	1352	142	ALEX	KHUZWAYO	PEAAC	M	47	45-49M	1.20.58	1
229	1363	88	PAUL	FROSLER	PEAAC	M	40	40-44M	1.20.59	1
230	2255	234	MARK	ROCKMAN	MALABAR	M	42	40-44M	1.21.10	1
231	1351	920	MICHAEL	DE ST PERN	CHARLO	M	40	40-44M	1.21.12	1
232	2280	571	LUXOLO	NQABENI	ASPEN	M	26	SM	1.21.22	1
233	4069	4069	DEON	VAN TONDER	TEMP	M	36	35-39M	1.21.25	0
234	1498	1249	JACQUI	VAN DER VYVER	ELITEAC	F	42	40-44F	1.21.26	2
235	1488	1234	ATTIE	ELS	ELITEAC	M	51	50-54M	1.21.26	1
236	2297	2078	TIANI	CLAASSEN	TREEC	F	20	SF	1.21.44	1
237	3192	950	SYDNEY	FORLEE	CHARLO	M	34	SM	1.21.44	1
238	1538	236	YOUNUS	AMOD	MALABAR	M	57	55-59M	1.21.47	2
239	3074	364	LIZ	GRUNDLINGH	MUIRITE	F	64	60-64F	1.21.49	3
240	4373	4373	GREG	ALLEN	TEMP	M	29	SM	1.21.54	0
241	13061	209	LINDIE	STANDER	CSEP	F	26	SF	1.21.56	1
242	6060	1334	NOEL	MCMASTER	VWAC	M	45	45-49M	1.21.59	1
243	1472	1656	SOLLY	BOOI	TRIANGLE	M	48	45-49M	1.22.02	1
244	2219	1193	JACQUES	BARNARD	ELITEAC	M	35	35-39M	1.22.08	1
245	1410	1110	BRAMWELL	FLEURS	ACH	M	32	SM	1.22.16	1
246	1721	2391	ELROY	JONATHAN	MALABAR	M	33	SM	1.22.28	1
247	1521	2458	WAVERN	DACE	WILLARD	M	43	40-44M	1.22.30	1
248	1512	1371	PIERRE	KNOESEN	MADIBA	M	56	55-59M	1.22.43	1
249	3231	1117	PETER	POHLMANN	ACH	M	47	45-49M	1.22.51	1
250	4163	4163	DANIEL	GEORGE	MUTUAL	M	55	55-59M	1.22.51	0
251	1513	37	EMLYN	GALLANT	PEAAC	M	34	SM	1.22.52	1
252	2	1564	ZIRK	HAEFELE	NEDBANK	M	33	SM	1.22.53	1
253	1490	214	THEUNIS	MARAIS	CSEP	M	44	40-44M	1.22.53	1
254	1514	1114	GAIL	KLICHOWICZ	ACH	F	44	40-44F	1.22.58	1
255	1469	1153	TOMMY	SATCHWELL	ACH	M	51	50-54M	1.23.01	1
256	2220	1104	ALLAN	SCHULZ	ACH	M	26	SM	1.23.02	1
257	42	1459	JACQUES	SNYMAN	NEDBANK	M	42	40-44M	1.23.09	1
258	1406	2331	YOLANDIE	GREEN	PROFILES	F	35	35-39F	1.23.17	1
259	2289	1211	SUZANNE	VAN DER WESTHUIZEN	ELITEAC	F	39	35-39F	1.23.29	1
260	118	1136	CATHY	IVES	ACH	F	57	55-59F	1.23.37	2
261	1732	1312	BERES	GOLIATH	VWAC	M	46	45-49M	1.23.42	1
262	4160	4160	BANLELIHLE	TIKAYO	TEMP	M	30	SM	1.23.49	0
263	1734	1772	CYRIL	UITHALER	WILLARD	M	47	45-49M	1.23.55	1
264	1743	7600	DILIZA	MBANDE	RAC	M	65	65-69M	1.23.56	0
265	1486	1291	HUMAN	VAN GENT	EBENEZER	M	46	45-49M	1.23.57	1
266	1392	1753	DESIREE	EBRAHIM	WILLARD	F	45	45-49F	1.23.59	1
267	4180	4180	ADRIAN	MEISTRE	TEMP	M	39	35-39M	1.24.05	0
268	1694	2060	WILLEMEN	DU RANDT	TREEC	F	36	35-39F	1.24.11	1
269	116	1191	YOLANDE	KNOETZE	ELITEAC	F	43	40-44F	1.24.22	1
270	13	1393	DAVID	O'RIELLY	NEDBANK	M	63	60-64M	1.24.30	1
271	3037	1212	RIAAN	ROELOFSE	ELITEAC	M	34	SM	1.24.32	1
272	2252	1284	GAVIN	MUNIZ	EBENEZER	M	49	45-49M	1.24.38	1

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
273	3240	1490	RIAN	SMALBERGER	NEDBANK	M	56	55-59M	1.24.39	1
274	1501	1699	SCHOOMBEE	PRETORIUS	TRIANGLE	M	53	50-54M	1.24.40	1
275	102	1149	MONDE	MABALA	ACH	M	51	50-54M	1.24.44	1
276	3193	951	MEGAN	WILSON	CHARLO	F	15	JF	1.24.52	1
277	3069	3069	ANTHONY	HAYWARD	NMMU	M	50	50-54M	1.24.53	1
278	44	1462	TERRAY	NEWCOMBE	NEDBANK	F	19	SF	1.25.07	1
279	1637	1210	JAN	LE ROUX	ELITEAC	M	51	50-54M	1.25.08	1
280	3025	2089	ANDRE	BARNARD	NMMU	M	49	45-49M	1.25.12	1
281	2299	2058	RONNIE	JONKER	TREEC	M	41	40-44M	1.25.15	1
282	1703	1788	ESTELEEN	KRAMER	CADBURY	M	49	45-49M	1.25.20	1
283	3189	943	DENISE	DARLOW	CHARLO	F	42	40-44F	1.25.22	1
284	3068	2461	BRAD	WENTZEL	BODYCON	M	28	SM	1.25.24	1
285	3073	6468	ROBYN	RAY	TROITC	M	23	SM	1.25.25	0
286	3094	824	NADINE	BAILIE	ALBANY	F	25	SF	1.25.43	1
287	1525	2330	KELLIE	HARRIS	PROFILES	F	21	SF	1.25.44	1
288	3027	2022	AUBREY	LE ROUX	TREEC	M	57	55-59M	1.25.50	1
289	1497	380	GIDEON	LABUSCHAGNE	MUIRITE	M	50	50-54M	1.25.53	1
290	3197	965	TAMMY	SOUTHBY	CHARLO	F	36	35-39F	1.25.54	1
291	3092	1222	CHARLOTTE	VAN COLLER	ELITEAC	F	42	40-44F	1.25.55	1
292	1357	919	REON	VAN RENSBURG	CHARLO	M	38	35-39M	1.25.57	1
293	1544	1068	FRANCOIS	PETERSE	X-CEL	M	45	45-49M	1.25.58	1
294	4333	4333	OHNA	SCHOOMBEE	TEMP	F	20	SF	1.26.07	0
295	3232	2035	DEON	VAN DER MERWE	TREEC	M	41	40-44M	1.26.08	1
296	2210	1379	HELEN	MCLEAN	MADIBA	F	50	50-54F	1.26.15	1
297	2240	2020	CHRIS	BEKKER	TREEC	M	58	55-59M	1.26.17	1
298	24	760	ALETTA	JOUBERT	CRUSADE	F	49	45-49F	1.26.17	1
299	63	1797	WAYNE	MAGNUS	CADBURY	M	42	40-44M	1.26.18	1
300	50	1540	JOHAN	FERREIRA	NEDBANK	M	37	35-39M	1.26.25	1
301	2228	1340	STARLYNE	HASSIEN	VWAC	M	42	40-44M	1.26.26	1
302	9	195	SUNET	HARRIS	CSEP	F	37	35-39F	1.26.27	1
303	4285	4285	JUANITA	KOTZE	TEMP	F	27	SF	1.26.34	1
304	4290	1423	DEWALT	VAN VUUREN	NEDBANK	M	28	SM	1.26.42	1
305	51	1440	TOYS	WATSON	NEDBANK	M	44	40-44M	1.26.43	1
306	4219	4219	EBEN	LE ROUX	TEMP	M	26	SM	1.26.47	0
307	78	2789	COLLEEN	MOSES	SAPPE	F	35	35-39F	1.26.47	1
308	77	2788	ANDREW	MOSES	SAPPE	M	37	35-39M	1.26.48	1
309	4329	4329	WERNER	SCHOEMAN	TEMP	M	27	SM	1.27.00	0
310	79	1493	VUYO	GROOTBOOM	NEDBANK	M	33	SM	1.27.03	1
311	2233	2233	PHUMLANI	WILLIE	NEDBANK	M	24	SM	1.27.04	1
312	2246	237	WAJDIE	SOLOMON	MALABAR	M	46	45-49M	1.27.12	1
313	1720	720	PATRICK	SCOTT	CRUSADE	M	51	50-54M	1.27.14	1
314	1729	577	BARRY	NELSON	LEGACY	M	59	55-59M	1.27.18	1
315	4161	4161	AMANDA	WOLMARANS	TEMP	F	52	50-54F	1.27.19	0
316	30	737	ROSEMARY	JOUBERT	CRUSADE	F	50	50-54F	1.27.24	1
317	4156	4156	NICOLA	HILL	TEMP	F	24	SF	1.27.31	0
318	4324	4324	ANDREW	PAPENHUIZEN	TEMP	M	32	SM	1.27.41	0
319	88	1332	CHRISTINE	SNYMAN	VWAC	F	54	50-54F	1.27.42	1
320	1483	244	DINESH	COOPOO	MALABAR	M	43	40-44M	1.27.54	1
321	1540	41	THEMBISILE	NTONI	PEAAC	M	63	60-64M	1.27.58	1
322	100	367	DEWALD	VAN DER WALT	MUIRITE	M	35	35-39M	1.28.04	1
323	1355	1355	JOS	ELS	MADIBA	F	58	55-59F	1.28.08	1
324	4325	4325	TAMMI	GREYVENSTEYN	TEMP	F	26	SF	1.28.13	0
325	45	1567	ELAINE	KOCK	NEDBANK	F	41	40-44F	1.28.19	1
326	3224	1560	SAM	ERASMUS	NEDBANK	M	51	50-54M	1.28.19	1
327	4151	4151	LAUREN	BAYNES	TEMP	F	25	SF	1.28.23	0
328	4217	4217	MALCOLM	VORSTER	TEMP	M	26	SM	1.28.24	0
329	4198	4198	JABULANI	SIBOTO	TEMP	M	26	SM	1.28.24	0
330	74	728	BRONWEN	PERRY	CRUSADE	F	28	SF	1.28.28	1
331	2223	2400	ERIC	VAN AARDT	X-CEL	M	52	50-54M	1.28.34	1
332	4158	4158	LAUREN	LISTON	TEMP	F	21	SF	1.28.50	0
333	3033	1192	DORIS	LIBERTY	ELITEAC	F	50	50-54F	1.28.51	1
334	4231	4231	HANNAH	BRIERS	TEMP	F	39	35-39F	1.28.52	0
335	4164	4164	MOENIER	SAFEDIEN	TEMP	M	40	40-44M	1.28.53	0
336	3057	1208	JAN	VON MOLLENDORF	ELITEAC	M	65	65-69M	1.28.58	1
337	73	1121	ADRI	DU PLESSIS	ACH	F	37	35-39F	1.28.58	1
338	27	249	NURUNNISA	MADATT	MALABAR	F	48	45-49F	1.29.10	1
339	1727	1758	ANTOINETTE	HUMAN	WILLARD	F	42	40-44F	1.29.10	1
340	1511	223	SHARON	SMUTS	CSEP	F	44	40-44F	1.29.14	1

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
341	28	191	ERIKA	FOREMAN	CSEP	F	40	40-44F	1.29.21	1
342	1478	1281	ALFY	PETRUS	VWAC	M	47	45-49M	1.29.29	1
343	2254	333	DERICK	BIRCH	MUIRITE	M	56	55-59M	1.29.39	1
344	95	1322	JOHAN	NEL	VWAC	M	54	50-54M	1.29.39	1
345	17	465	HELMUT	TERBLANS	WAC	M	45	45-49M	1.29.40	1
346	1358	735	ROBERT	ELFICK	CRUSADE	M	42	40-44M	1.29.42	1
347	2256	123	ELIAS	KASE	PEAAC	M	41	40-44M	1.29.44	1
348	1491	1126	TOM	D'ARCY	ACH	M	64	60-64M	1.29.49	1
349	4153	4153	BEN	CARVER	TEMP	M	48	45-49M	1.29.50	0
350	96	1116	PETER	GIDDY	ACH	M	60	60-64M	1.29.51	1
351	1382	785	DANE	VENTER	CRUSADE	F	26	SF	1.29.52	1
352	4004	4004	NIKKI	GERRARD	TEMP	F	38	35-39F	1.29.53	0
353	3099	798	LIEZL	NEL	ALBANY	F	34	SF	1.29.54	1
354	3226	1559	TIM	FOX	NEDBANK	M	57	55-59M	1.30.06	1
355	1505	472	LETA	DOS SANTOS	WAC	F	46	45-49F	1.30.07	1
356	4073	4073	RORY	MARAIS	TEMP	M	41	40-44M	1.30.17	0
357	4218	4218	JACO	NEL	TEMP	M	31	SM	1.30.18	0
358	1531	2423	TALANA	VOSLOO	VWAC	F	29	SF	1.30.20	1
359	3233	2030	DIRK	JANSEN	TREEC	M	61	60-64M	1.30.27	1
360	1515	2008	CATHY	ALLERS	TREEC	F	48	45-49F	1.30.31	1
361	2234	2059	YVETTE	JONKER	TREEC	F	38	35-39F	1.30.39	1
362	4287	4287	RODNEY	PLESS	RRR	M	65	65-69M	1.30.48	0
363	6058	726	ROBIN	ELBOURNE	CRUSADE	F	53	50-54F	1.30.50	1
364	2266	2339	JUSTIN	GERAGHTY	PROFILES	M	35	35-39M	1.30.52	1
365	4293	4293	KATJANA	HOSKIN	TEMP	F	28	SF	1.30.54	0
366	1524	106	HELOUISE	ERASMUS	PEAAC	F	29	SF	1.30.55	1
367	107	23	SHANE	BROWN	PEAAC	M	50	50-54M	1.30.55	1
368	2278	213	LINDIE	STEYN	KIMR	F	23	SF	1.30.56	0
369	1718	1555	WAYNE	MAC GEAR	NEDBANK	M	47	45-49M	1.30.57	1
370	112	461	ELDON	FORTMANN	WAC	M	60	60-64M	1.31.17	1
371	4179	4179	LEE-ANNE	COLLYER	TEMP	F	28	SF	1.31.20	0
372	3045	1696	DUNCAN	MILNE	TRIANGLE	M	28	SM	1.31.20	1
373	1522	928	PAIGE	LEE	CHARLO	F	44	40-44F	1.31.29	1
374	3223	1000	ROY	HEINE	CHARLO	M	55	55-59M	1.31.30	1
375	2295	2006	WERNER	CLAASSEN	TREEC	M	46	45-49M	1.31.31	1
376	2268	260	MUBEEN	PEERBHAI	MALABAR	M	46	45-49M	1.31.39	1
377	3075	363	CAROL	MALLET	MUIRITE	F	42	40-44F	1.31.43	1
378	3191	948	KRISH	PILLAY	CHARLO	M	49	45-49M	1.31.57	1
379	3188	934	LEON	STEYN	CHARLO	M	43	40-44M	1.31.58	1
380	1492	1619	ANDRE	COETZER	TRIANGLE	M	39	35-39M	1.32.03	1
381	3228	1135	MOF	BOTHA	ACH	M	55	55-59M	1.32.04	1
382	3085	2453	MOEGAMAT	JOHNSON	VWAC	M	42	40-44M	1.32.06	1
383	2250	709	GILL	DEALTRY	CRUSADE	F	52	50-54F	1.32.18	1
384	2251	744	ANDY	DEALTRY	CRUSADE	M	54	50-54M	1.32.19	1
385	1409	1165	LESLEY	MAGGOTT	ACH	F	43	40-44F	1.32.23	1
386	1736	903	TREVOR	SMITH	CHARLO	M	45	45-49M	1.32.26	1
387	6059	725	GRAHAM	ELBOURNE	CRUSADE	M	58	55-59M	1.32.29	1
388	2265	2337	ANDRE	KOEKEMOER	PROFILES	M	29	SM	1.32.46	1
389	4170	1518	GUSTAV	GRIESEL	NEDBANK	M	37	35-39M	1.32.55	1
390	2212	476	INA	MEAKER	WAC	F	49	45-49F	1.33.01	1
391	1726	816	MISTY	NISH	ALBANY	F	26	SF	1.33.03	1
392	2218	243	CRESEN	BALAKISTNEN	MALABAR	M	51	50-54M	1.33.15	1
393	3096	227	STRINIVASEN	GOVENDER	MALABAR	M	40	40-44M	1.33.16	1
394	2257	218	ANDRE	LANDMAN	CSEP	M	58	55-59M	1.33.27	1
395	4234	4234	LARIO	VAN NIEKERK	TEMP	F	27	SF	1.33.29	0
396	3151	969	GARY	KELLEHER	CHARLO	M	53	50-54M	1.33.31	1
397	52	1515	YOLANDE	WATSON	NEDBANK	F	48	45-49F	1.33.35	1
398	67	187	SYLMA	WATKINS	CSEP	F	42	40-44F	1.33.45	1
399	16	451	LYNETTE	CRAUSE	WAC	F	50	50-54F	1.33.50	1
400	1534	2080	KAREN	MELS	TREEC	F	45	45-49F	1.33.51	1
401	1725	804	DYLAN	WEYER	ALBANY	M	28	SM	1.33.59	0
402	106	1044	NOMFUNDO	HLELA	BODYCON	F	28	SF	1.34.11	1
403	3039	652	MICHAEL	SCHEPERS	JEFFBAY	M	46	45-49M	1.34.22	1
404	1716	18	DESMOND	JACOBS	PEAAC	M	35	35-39M	1.34.28	1
405	3051	1280	RIAN	STEYN	VWAC	M	26	SM	1.34.36	1
406	1719	1278	ANDRIES	FOURIE	VWAC	M	31	SM	1.34.36	1
407	2273	1277	PIETER	STEYN	VWAC	M	52	50-54M	1.34.37	1
408	4227	4227	ALTUS	BRUWER	TEMP	M	30	SM	1.34.41	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
409	3201	977	JEREMY	SHORT	CHARLO	M	36	35-39M	1.34.53	1
410	3221	981	HELEN	SHORT	CHARLO	F	35	35-39F	1.34.53	1
411	3048	115	HENDRIK	SCHOLTZ	PEAAC	M	52	50-54M	1.34.59	1
412	70	1151	LIZ	AUSTIN	ACH	F	52	50-54F	1.35.10	1
413	3091	1270	RIAAN	BARNARD	ELITEAC	M	42	40-44M	1.35.15	1
414	114	1553	LEONIE	AH KEE	NEDBANK	F	37	35-39F	1.35.23	1
415	1692	742	COLIN	MCALL	CRUSADE	M	60	60-64M	1.35.32	1
416	1579	1579	MICHAEL	FISCHER	NEDBANK	M	48	45-49M	1.35.39	1
417	4330	4330	ANA MARIA	HAY	TEMP	F	48	45-49F	1.35.42	0
418	113	1552	BRENT	AH KEE	NEDBANK	M	41	40-44M	1.35.46	1
419	4225	4225	DAVID	SWANEPOEL	TEMP	M	51	50-54M	1.35.50	0
420	2269	2269	DERRICK	HOSHE	NMMU	M	52	50-54M	1.35.50	1
421	23	761	CHARLENE	DE CONING	CRUSADE	F	46	45-49F	1.35.53	1
422	4181	4181	EUGENE	OCHSE	TEMP	M	39	35-39M	1.35.57	0
423	1712	1131	ANDREW	SCHUBART	ACH	M	31	SM	1.36.06	1
424	1731	229	LWAZI	BANZI	MALABAR	M	19	SM	1.36.07	1
425	4178	4178	ANTHONY	HORNABROOK	TEMP	M	44	40-44M	1.36.11	1
426	5	2780	HENRY	FREDERICKS	SAPPE	M	57	55-59M	1.36.17	1
427	1738	2774	VICTOR	MARAIS	SAPPE	M	41	40-44M	1.36.19	1
428	1361	2772	BONISILE	MGODUKA	SAPPE	M	54	50-54M	1.36.32	1
429	4230	4230	MELISSA	BASSON	TEMP	F	23	SF	1.36.33	0
430	4229	4229	ELIZNA	BASSON	TEMP	F	47	45-49F	1.36.40	0
431	1397	1283	CARRON	FORBES	VWAC	F	24	SF	1.36.42	1
432	1360	2612	DANEILLE	MARAIS	MADIBA	F	25	SF	1.36.47	1
433	2214	1139	GRAHAM	NELL	ACH	M	59	55-59M	1.36.49	1
434	3067	213	JAMES	GEORGE	CSEP	M	48	45-49M	1.36.51	1
435	4172	4172	GERSHIN	HUTCHINSON	TEMP	M	30	SM	1.36.54	0
436	2279	1697	REAN	THERON	TRIANGLE	M	48	45-49M	1.37.03	1
437	4226	4226	MANDY	MYERS	TEMP	F	37	35-39F	1.37.05	0
438	2230	1009	MARCELLE	HARRAN	BODYCON	F	56	55-59F	1.37.08	1
439	3079	836	KATIE	MORRIS	CRUSADE	F	27	SF	1.37.14	1
440	1535	1760	PEARL	DAMONS	WILLARD	F	47	45-49F	1.37.16	1
441	2270	844	WENDY	DENSTON	ASPEN	F	37	35-39F	1.37.24	1
442	1504	1787	NOLEEN	NORRIS	CADBURY	F	53	50-54F	1.37.26	1
443	20	1146	GERALD	HOXLEY	ACH	M	70	70+M	1.37.32	1
444	3194	952	KIMBERLEY	WILSON	CHARLO	F	15	JF	1.37.35	1
445	2231	330	BENTLEY	HISCOCK	MUIRITE	M	43	40-44M	1.37.52	1
446	1350	1505	AMEERA	CAMPBELL	NEDBANK	F	37	35-39F	1.37.55	1
447	2249	256	TULSIDAS	NARAN	MALABAR	M	56	55-59M	1.38.00	1
448	4250	4250	ADELE	KORFF	TEMP	F	36	35-39F	1.38.11	0
449	4248	4248	MELANIE	BUYS	TEMP	F	36	35-39F	1.38.12	0
450	3050	1279	ERIKA	BOUWER	VWAC	F	25	SF	1.38.13	1
451	98	2328	NELMARIE	HUMAN	PROFILES	F	37	35-39F	1.38.18	1
452	1702	2323	MORNE	VICTOR	PROFILES	M	40	40-44M	1.38.19	1
453	3153	910	MICHELLE	LAWSON	CHARLO	F	52	50-54F	1.38.29	1
454	3227	927	MANIE	VAN DER MERWE	CHARLO	M	47	45-49M	1.38.30	1
455	1494	1800	TREVOR	CAMPHER	CADBURY	M	43	40-44M	1.38.33	1
456	1348	929	ANUSHA	NAIDU	CHARLO	F	44	40-44F	1.38.40	1
457	97	575	DAVID	UITHALER	WILLARD	M	64	60-64M	1.38.54	1
458	14	1203	HELEN	FOURIE	ELITEAC	F	41	40-44F	1.39.12	1
459	12	1204	ANDRE	FOURIE	ELITEAC	M	63	60-64M	1.39.13	1
460	2259	2259	RICHARD	STEVENS	VIKINGS	M	54	50-54M	1.39.19	0
461	1533	2079	MARIUS	VAN DEVENTER	TREEC	M	39	35-39M	1.39.29	1
462	1390	224	GERRIT	WELGEMOED	CSEP	M	47	45-49M	1.39.30	1
463	2260	2719	JOY	STEVENS	VIKINGS	F	50	50-54F	1.39.37	0
464	71	500	ALAN	PENNEY	WAC	M	64	60-64M	1.39.38	1
465	3076	2009	GERALD	STRUWIG	TREEC	M	42	40-44M	1.39.38	1
466	1500	1276	XAVIER	JANUARIE	VWAC	M	28	SM	1.39.41	1
467	75	743	MARY-LOU	EMSLIE	CRUSADE	F	47	45-49F	1.39.55	1
468	91	1333	ANTON	SNYMAN	VWAC	M	55	55-59M	1.40.05	1
469	6	2778	MICHAEL	DEKKER	SAPPE	M	38	35-39M	1.40.27	1
470	2263	336	ARNOLD	RAS	MUIRITE	M	49	45-49M	1.40.28	1
471	2222	1042	QUENTIN	BURRELL	X-CEL	M	48	45-49M	1.40.49	1
472	3239	1577	JACKIE	ELLIOTT-GENTRY	NEDBANK	F	45	45-49F	1.40.52	1
473	64	611	HENNIE	VAN DER KOLF	COEGA AC	M	52	50-54M	1.41.00	1
474	1393	1754	REHANA	DE MAINE	WILLARD	F	43	40-44F	1.41.07	1
475	4168	4168	MARYKE	ELS	TEMP	F	38	35-39F	1.41.10	0
476	4167	4167	MARISSA	VAN DER VYVER	TEMP	F	34	SF	1.41.10	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
477	65	612	JANETTE	VAN DER KOLF	COEGA AC	F	51	50-54F	1.41.11	1
478	3054	2026	VERNA	CLAASSEN	TREEC	F	48	45-49F	1.41.21	1
479	4228	4228	STUART	LUBBE	TEMP	M	29	SM	1.41.42	0
480	3195	953	MANUELA	WILSON	CHARLO	F	40	40-44F	1.41.59	1
481	3097	579	SHIRLEEN	CLARKE	LEGACY	F	48	45-49F	1.42.02	1
482	1	1596	ARUSHKE	HAEFELE	NEDBANK	F	30	SF	1.42.02	1
483	89	1324	LOUWRENS	BASSON	VWAC	M	48	45-49M	1.42.03	1
484	90	1323	WILNA	BASSON	VWAC	F	47	45-49F	1.42.04	1
485	1359	753	TREVOR	HAWKINS	CRUSADE	M	50	50-54M	1.42.05	1
486	111	193	JACKIE	VAN TONDER	CSEP	F	34	SF	1.42.24	1
487	3070	2135	REINETTE	HAYWARD	NMMU	F	49	45-49F	1.42.36	1
488	3071	2136	NATALIE	VAN NIEKERK	NMMU	F	24	SF	1.42.36	1
489	115	1256	MARIUS	GREYLING	ELITEAC	M	54	50-54M	1.43.08	1
490	1353	603	LETITIA	STRAUSS	LEGACY	F	31	SF	1.43.13	1
491	103	1200	ANTONIE	GROBLER	ELITEAC	M	58	55-59M	1.43.14	1
492	1536	1768	JASMINE	JACK	WILLARD	F	39	35-39F	1.43.21	1
493	2238	1778	KEITH	SEZOE	WILLARD	M	40	40-44M	1.43.22	1
494	1506	469	JOSE	DOS SANTOS	WAC	M	45	45-49M	1.43.53	1
495	1526	155	JEANETTE	PIENAAR	PEAAC	F	62	60-64F	1.44.07	1
496	3222	982	WILLI	LAWSON	CHARLO	M	58	55-59M	1.44.27	1
497	3186	932	LUCY	WENTZEL	CHARLO	F	41	40-44F	1.44.41	1
498	120	701	SELWYN	SOLOMON	CRUSADE	M	72	70+M	1.44.41	1
499	2216	1412	GLENYS	JOUBERT	NEDBANK	F	59	55-59F	1.44.54	1
500	3072	1433	IRMA	INGRAM	NEDBANK	F	45	45-49F	1.44.54	1
501	1507	251	SIVA	MOODALEY	MALABAR	M	69	65-69M	1.45.03	1
502	3081	752	DEREK	DAVIDSON	CRUSADE	M	59	55-59M	1.45.43	1
503	2205	587	MJ	FOURIE	LEGACY	M	23	SM	1.45.44	1
504	2235	634	CLAUDETTE	LESCH	COEGA AC	F	37	35-39F	1.45.47	1
505	2204	586	TISH	GRUNDLING	LEGACY	F	22	SF	1.45.50	1
506	2224	2466	GLYNIS	PIETERSE	X-CEL	F	45	45-49F	1.45.55	1
507	3078	2461	DEAN	KIVIDO	X-CEL	M	39	35-39M	1.45.55	1
508	38	1558	CHARL	GRIESEL	NEDBANK	M	47	45-49M	1.46.09	1
509	3087	1740	CLIVE	BATTY	TRIANGLE	M	66	65-69M	1.46.14	1
510	119	3	DOROTHY	HART	PEAAC	F	72	70+F	1.46.18	1
511	4166	4166	PAUL	DU PLESSIS	TEMP	M	49	45-49M	1.46.19	0
512	3049	99	CHARLES	GOLDSWAIN	PEAAC	M	26	SM	1.46.19	1
513	1636	194	JOHANNES	GOUWS	CSEP	M	34	SM	1.46.27	1
514	6057	212	THEO	WAIT	CSEP	M	53	50-54M	1.46.27	1
515	2293	45	DENVER	ANDERSON	PEAAC	M	37	35-39M	1.46.32	1
516	1542	1317	ZANDI	MBALI	VWAC	M	29	SM	1.46.33	1
517	13062	331	MARGARET	DU TOIT	MUIRITE	F	49	45-49F	1.46.49	1
518	2213	482	RITA	BOUCHER	WAC	F	60	60-64F	1.47.01	1
519	4224	4224	NATHI	MLOTSHWA	TEMP	M	30	SM	1.47.24	0
520	2221	2054	NICOLAAS	DE WET	TREEC	M	36	35-39M	1.47.32	1
521	80	2074	PORTIA	MENZE	TREEC	F	29	SF	1.47.41	1
522	4189	329	ORGIA	NELL	MUIRITE	F	67	65-69F	1.47.43	1
523	1744	588	RB	TERBLANCHE	LEGACY	M	48	45-49M	1.47.49	1
524	3187	933	JO-ANNE	OSBORN	CHARLO	F	38	35-39F	1.48.04	1
525	4332	4332	NALELI	WILLIAMS	TEMP	M	37	35-39M	1.48.14	0
526	109	27	GESINA	OOSTHUIZEN	PEAAC	F	52	50-54F	1.48.23	1
527	110	26	HENNIE	OOSTHUIZEN	PEAAC	M	53	50-54M	1.48.23	1
528	92	2028	TERTIA	GROBLER	TREEC	F	51	50-54F	1.48.44	1
529	1489	796	ROSAAN	KRUGER	ALBANY	F	35	35-39F	1.48.59	1
530	7	2777	HESTER	DEKKER	SAPPE	F	38	35-39F	1.49.00	1
531	4339	4339	MELISSA	BERG	TEMP	F	40	40-44F	1.49.17	1
532	21	2779	HERMAN	DEKKER	SAPPE	M	66	65-69M	1.49.18	1
533	4215	4215	AYANDA	MJI	TEMP	F	40	40-44F	1.49.25	0
534	19	1679	GENEVIEVE	LAYCOCK	TRIANGLE	F	41	40-44F	1.50.08	1
535	105	473	DENISE	TERBLANCHE	WAC	F	63	60-64F	1.50.12	1
536	3077	1230	TREVOR	VAN EYCK	ELITEAC	M	49	45-49M	1.50.13	1
537	2236	2263	ANJA	TRUTER	NMMU	F	28	SF	1.50.31	1
538	3082	1226	BELINDA-ANN	PEREIRA DA SILVA	ELITEAC	F	34	SF	1.50.35	1
539	1386	2081	TANDISWA	NGXUKUMESHE	NMMU	F	40	40-44F	1.50.44	1
540	1730	136	ELGIN	KERSPAY	PEAAC	M	43	40-44M	1.50.44	0
541	4165	4165	VUSISIWE	LESORO	TEMP	F	39	35-39F	1.50.52	0
542	1388	610	NOSICELO	BIYANA	COEGA AC	F	34	SF	1.50.53	1
543	2253	1285	ELEANOR	MUNIZ	EBENEZER	F	50	50-54F	1.51.14	1
544	60	79	LISA	WEST	PEAAC	F	47	45-49F	1.51.40	1

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
545	29	140	SICELO	THABETHE	PEAAC	M	37	35-39M	1.51.44	1
546	3095	144	DAVID	HIGGS	PEAAC	M	41	40-44M	1.52.04	1
547	4245	4245	GAVIN	BOUCHER	TEMP	M	38	35-39M	1.52.06	0
548	1389	208	ANNA	WELGEMOED	CSEP	F	41	40-44F	1.52.25	1
549	1520	1782	JO-ANNE	LEO	WILLARD	F	26	SF	1.52.36	1
550	72	759	ODETTE	VOSLOO	CRUSADE	F	51	50-54F	1.52.44	1
551	2267	255	RAMU	NAIDOO	MALABAR	M	61	60-64M	1.52.46	1
552	1362	1729	PETER	SCHMIDT	TRIANGLE	M	56	55-59M	1.52.56	1
553	18	210	GERT	DEYZEL	CSEP	M	61	60-64M	1.53.41	1
554	2244	118	FRANZIE	VAN DER LINDE	PEAAC	M	36	35-39M	1.53.51	1
555	15	350	GEORGE	WINSHIP	MUIRITE	M	45	45-49M	1.54.14	1
556	3235	2002	HENDRINA	CLAASSEN	TREEC	F	54	50-54F	1.54.54	1
557	3234	2001	NICOLAAS	CLAASSEN	TREEC	M	57	55-59M	1.54.54	1
558	3238	1601	JOHN	PEART	NEDBANK	M	74	70+M	1.55.11	1
559	3036	1239	MARIAAN	LANDMAN	ELITEAC	F	46	45-49F	1.55.45	1
560	1523	1274	MICHELLE	CLAASSENS	ELITEAC	F	42	40-44F	1.55.52	1
561	1723	1723	CAROL	HUNT	CRUSADE	F	47	45-49F	1.56.11	1
562	2264	1282	VERONICA	BOSHOFF	VWAC	F	49	45-49F	1.57.05	1
563	1519	1783	GERALDINE	LEO	WILLARD	F	53	50-54F	1.57.28	1
564	3190	947	EUSENTHA	PILLAY	CHARLO	F	45	45-49F	1.57.38	1
565	1495	1307	VOLENTE	RENSBURG	EBENEZER	M	34	SM	1.57.46	1
566	1496	1306	DAVID	RENSBURG	EBENEZER	M	45	45-49M	1.57.47	1
567	47	1382	CHARMAINE	JORDAAN	NEDBANK	F	27	SF	1.57.54	1
568	48	1381	WILLEM	JORDAAN	NEDBANK	M	28	SM	1.57.54	1
569	1528	2327	LEZANNE	NOTLEY	PROFILES	F	27	SF	1.58.14	1
570	34	1201	ENID	GERBER	ELITEAC	F	49	45-49F	1.58.32	1
571	94	1327	ADELE	NEL	VWAC	F	51	50-54F	1.58.49	1
572	1695	334	NEIL	GROBLER	MUIRITE	M	50	50-54M	1.59.42	1
573	3089	806	LEIGH-ANN	JONES	ALBANY	F	33	SF	2.00.15	1
574	2202	2588	STEVEN	SHADWELL	PROFILES	M	39	35-39M	2.00.50	1
575	1699	578	SHELDINE	SEPTOE	LEGACY	F	49	45-49F	2.01.21	1
576	3230	20	BRIAN	SMITH	PEAAC	M	67	65-69M	2.01.24	1
577	3225	1581	WALTER	NICHOLSON	NEDBANK	M	51	50-54M	2.02.14	1
578	4233	4233	NOELEEN	VAN NIEKERK	TEMP	F	55	55-59F	2.02.26	0
579	1700	1545	BERENICE	SMITH	NEDBANK	F	46	45-49F	2.03.34	1
580	4372	4372	BERTIE	HUMAN	TEMP	M	42	40-44M	2.03.40	0
581	1387	1434	DIANNE	HARTZENBERG	NEDBANK	F	52	50-54F	2.04.03	1
582	4232	4232	CHRISTO	HERSELMAN	TEMP	M	52	50-54M	2.04.33	0
583	22	594	MARLENE	HERSELMAN	LEGACY	F	49	45-49F	2.04.34	1
584	1477	1229	RINA	BARNARD	ELITEAC	F	57	55-59F	2.04.42	1
585	3041	585	DEBBIE	OEOFSE	LEGACY	F	64	60-64F	2.04.45	1
586	108	24	SHARON	BROWN	PEAAC	F	57	55-59F	2.05.39	1
587	3028	494	STEPHANIE	HAY	WAC	F	55	55-59F	2.06.50	1
588	56	9	ANNA	SCHNETLER	PEAAC	F	63	60-64F	2.07.32	1
589	57	11	CORDELL	SCHNETLER	PEAAC	M	40	40-44M	2.07.34	1
590	4223	4223	PRISCILLA	SWANEPOEL	TEMP	F	46	45-49F	2.09.48	0
591	3098	1047	RIANA	PRETORIUS	BODYCON	F	35	35-39F	2.10.36	1
592	1698	2787	ANTHONY	GREEN	SAPPE	M	29	SM	2.10.51	1
593	1697	2775	MARSHA	DE ROUBAIX	SAPPE	F	28	SF	2.10.52	1
594	4220	4220	CRAIG	VANCE	TEMP	M	27	SM	2.11.14	0
595	4221	4221	ALANA	VANCE	TEMP	F	28	SF	2.12.22	0
596	3029	2072	SHARON	NEL	TREEC	F	46	45-49F	2.12.29	1
597	31	2322	VAL	SANDOW	PROFILES	F	65	65-69F	2.13.00	1
HELPERS RUN										
H1	201	1947	NKOSINATHI	GCAKASI	BLUEBAY	M	40	40-44M	1.05.23	3
H2	202	1923	J C	STEVENS	BLUEBAY	M	18	JM	1.07.53	2
H3	203	1942	MARESA	AH KUN	BLUEBAY	F	35	35-39F	1.08.12	3
H4	204	1245	WILLEM	DAFEL	ELITEAC	M	42	40-44M	1.11.14	2
H5	205	1907	TERTIUS	BUYS	BLUEBAY	M	45	45-49M	1.11.53	2
H6	206	1917	JOHN	STEVENS	BLUEBAY	M	47	45-49M	1.12.21	2
H7	207	1905	BUNTU	JINA	BLUEBAY	M	32	SM	1.13.16	2
H8	208	1913	VICKI	TERBLANCHE	BLUEBAY	F	31	SF	1.14.11	2
H9	209	1915	CHRISTOPHER	NYODI	BLUEBAY	M	52	50-54M	1.14.12	2
H10	210	1949	GILES	HOBSON	BLUEBAY	M	56	55-59M	1.14.39	2
H11	211	1910	AMANDA	PRIDEAUX	BLUEBAY	F	35	35-39F	1.20.33	2
H12	212	1909	WIMPIE	HERBST	BLUEBAY	M	49	45-49M	1.23.20	1
H13	213	1919	MELANIE	MULLER	BLUEBAY	F	28	SF	1.23.20	1
H14	214	1932	RIAAN	BOTHA	BLUEBAY	M	42	40-44M	1.26.33	1

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H15	215	1934	STEPHEN	COETZEE	BLUEBAY	M	55	55-59M	1.26.33	1
H16	216	1925	NINA	BODISCH	BLUEBAY	F	41	40-44F	1.26.33	1
H17	217	1939	ANNELIZE	SHERGOLD-SMITH	BLUEBAY	F	30	SF	1.28.36	1
H18	218	1902	JOHANN	MEUWESEN	BLUEBAY	M	45	45-49M	1.32.33	1
H19	219	1906	GRANT	BOWLES	BLUEBAY	M	29	SM	1.32.33	1
H20	220	1920	CHRISTA	MEUWESEN	BLUEBAY	F	44	40-44F	1.33.01	1
H21	221	1944	ANDRE	PIENAAR	BLUEBAY	M	48	45-49M	1.33.22	1
H22	222	1940	SUNELLE	HORNE	BLUEBAY	F	36	35-39F	1.33.47	1
H23	223	1901	PETRA	PIENAAR	BLUEBAY	F	46	45-49F	1.33.58	1
H24	224	1953	COLIN	PARKINS	BLUEBAY	M	57	55-59M	1.37.43	1
H25	225	1922	JOHAN	WASSERMAN	BLUEBAY	M	51	50-54M	1.37.43	1