

HERALD FLEXIDER FRIENDLY CITY 10KM - PORT ELIZABETH - 2011/01/29

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	1375	1420	GEORGE	NTSHILIZA	NEDBANK	M	31	SM	0.32.13
2	1449	1402	SANDILE	NGUNUZA	NEDBANK	M	28	SM	0.32.17
3	1396	869	ZOLANI	MABONGO	MPEP	M	24	SM	0.32.27
4	622	865	ZANDISILE	MPISANE	MPEP	M	27	SM	0.33.37
5	4399	4399	RAYNARD	TISSINK	TEMP	M	37	35-39M	0.33.47
6	4547	4547	ANELISA	STAMPER	TEMP	M	23	SM	0.37.18
7	656	1715	NKOSINATHI	VLAKBOK	TRIANGLE	M	33	SM	0.38.15
8	4539	4539	WILLIE	DEYSEL	TEMP	M	35	35-39M	0.38.38
9	557	1400	DELIWE	NYANGA	NEDBANK	F	21	SF	0.40.41
10	4509	4509	JONTY	TRUTER	TEMP	M	21	SM	0.41.38
11	330	1665	AYANDA	BLOU	TRIANGLE	M	17	JM	0.41.42
12	1422	39	PHILBERT	TYOMBO	PEAAC	M	48	45-49M	0.41.47
13	4502	4502	JARL	HEURLIN	TEMP	M	38	35-39M	0.41.48
14	646	871	LEONARD	NKOSA	MPEP	M	42	40-44M	0.42.15
15	3456	1801	PETER	WILDSCHUT	CADBURY	M	34	SM	0.42.58
16	1378	170	WELLINGTON	TSHINGANE	SANDFEP	M	40	40-44M	0.43.06
17	4540	4540	PATRICK	WILLIAMS	TEMP	M	41	40-44M	0.43.07
18	489	1354	HANNES	ELS	MADIBA	M	61	60-64M	0.43.19
19	1368	1534	JEAN-LOUIS	MATTHEE	NEDBANK	M	18	JM	0.43.27
20	1552	868	NOXOLO	MARKS	MPEP	F	24	SF	0.44.26
21	905	1874	MTHOBELI	NYANGA	MPEP	M	22	SM	0.44.28
22	4169	4169	REYNO	MOMBERG	TEMP	M	27	SM	0.44.54
23	4599	4599	NICK	LYNCH	TEMP	M	23	SM	0.45.08
24	487	1978	HANSIE	ELS	SOMEAST	M	62	60-64M	0.45.24
25	6001	6001	JEAN	WRIGHT	BODYCON	M	24	SM	0.45.30
26	4563	4563	WILLIE	KRUGER	TEMP	M	42	40-44M	0.45.34
27	4596	4596	RUAN	WOLFAARDT	TEMP	M	17	JM	0.45.58
28	597	876	BAFUMANE	NYANGA	MPEP	M	50	50-54M	0.46.11
29	257	972	NTANDO	PORO	CHARLO	M	20	SM	0.46.41
30	904	1495	NEIL	LOOCK	NEDBANK	M	29	SM	0.46.42
31	348	936	HERMAN	SCHEEPERS	CHARLO	M	35	35-39M	0.46.48
32	1387	1336	DANILLO	VAN ECK	VWAC	M	24	SM	0.46.54
33	607	436	JOHN	GALELA	RFLG	M	51	50-54M	0.47.09
34	311	1548	KEVIN	NEFDT	NEDBANK	M	23	SM	0.47.11
35	901	303	DE WET	WILLIAMS	MUIRITE	M	48	45-49M	0.47.37
36	4561	4561	VUSI	MSUTHWANA	TEMP	M	39	35-39M	0.47.58
37	353	2017	HANLIE	VAN DER WESTHUIZEN	TREEC	F	54	50-54F	0.48.00
38	853	2347	SHANNON	SWART	PROFILES	F	28	SF	0.48.21
39	4546	4546	SAMORA	MZALAZALA	TEMP	M	27	SM	0.48.30
40	419	304	LISE	CLAASSEN	MUIRITE	F	40	40-44F	0.48.38
41	4607	4607	WESLEY	TOPPER	TEMP	M	25	SM	0.49.05
42	4553	4553	JUSTIN	RYAN	TEMP	M	36	35-39M	0.49.15
43	4582	4582	QUINTIN	THYSSE	TEMP	M	29	SM	0.49.16
44	4549	4549	KLIM	LAMBERT	TEMP	M	33	SM	0.49.34
45	1402	2520	GODFREY	GELDERBLOEM	X-CEL	M	42	40-44M	0.50.16
46	412	731	PETER	WIEHAHN	CRUSADE	M	38	35-39M	0.50.32
47	1390	2321	CRAIG	HAMILTON	PROFILES	M	36	35-39M	0.50.36
48	4101	4101	KEGAN	TOPPER	TEMP	M	28	SM	0.50.57
49	1401	1401	FANIE	CLAASEN	TREEC	M	53	50-54M	0.50.57
50	619	673	LEONIE	LOOTS	JEFFBAY	F	33	SF	0.51.02
51	343	2003	JUAN	MULLER	TREEC	M	21	SM	0.51.05
52	647	1329	MACGILL	VILJOEN	VWAC	M	36	35-39M	0.51.14
53	4583	4583	ANDREW	STERN	TEMP	M	35	35-39M	0.51.27
54	852	2469	TOMMY	FALTAIN	X-CEL	M	48	45-49M	0.51.30
55	4566	4566	NORMAN	LAWRENCE	TEMP	M	48	45-49M	0.51.37
56	474	1617	YADRE	GOUWS	TRIANGLE	M	37	35-39M	0.51.43
57	683	1305	MOEGAMAT	JOHNSON	VWAC	M	42	40-44M	0.51.45
58	3427	1218	CLAIRE	NAGEL	ELITEAC	F	46	45-49F	0.51.45
59	1423	2133	MICHAEL	SLATER	NMMU	M	40	40-44M	0.51.46
60	665	851	LUXOLO	NQABE3NI	ASPEN	M	26	SM	0.51.56
61	1447	209	LINDIE	STANDER	CSEP	F	26	SF	0.51.58
62	349	911	CHRISTO	SCRIVEN	CHARLO	M	28	SM	0.52.02
63	4392	4392	RYNO	FROLIK	TEMP	M	24	SM	0.52.14

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
64	4554	4554	TRACY	HANNER	TEMP	F	40	40-44F	0.52.19
65	653	860	DENVER	SEARLE	ASPEN	M	28	SM	0.52.20
66	4575	4575	BRIDGET	HILL	TEMP	F	24	SF	0.52.34
67	4589	4589	WILLIAM	WILSON	TEMP	M	34	SM	0.52.53
68	3454	1298	DELME	REDCLIFFE	VWAC	M	27	SM	0.53.04
69	476	1564	ZIRK	HAEFELE	NEDBANK	M	33	SM	0.53.05
70	4558	4558	ANTHONY	DELPORT	TEMP	M	34	SM	0.53.15
71	4559	4559	WALDO	SWART	TEMP	M	34	SM	0.53.15
72	3446	922	DAVID	ENSLIN	CHARLO	M	52	50-54M	0.53.18
73	4594	4594	MOENIER	SAFEDIEN	TEMP	M	40	40-44M	0.53.20
74	651	1001	RUSSELL	WEYER	BODYCON	M	35	35-39M	0.53.27
75	338	1191	YOLANDE	KNOETZE	ELITEAC	F	43	40-44F	0.53.34
76	347	1540	JOHAN	FERREIRA	NEDBANK	M	37	35-39M	0.53.37
77	861	1295	BRADLEY	MINNAAR	VWAC	M	37	35-39M	0.53.56
78	4548	4548	ROBIN	VENTER	TEMP	M	33	SM	0.54.03
79	327	496	JOHN	PEREIRA	WAC	M	30	SM	0.54.09
80	678	608	ROBERT	MAGOTSI	COEGA AC	M	40	40-44M	0.54.20
81	4572	4572	AYDIN	VEHBI	CHARLOPS	M	45	45-49M	0.54.23
82	323	1944	ANDRE	PIENAAR	BLUEBAY	M	48	45-49M	0.54.25
83	4601	4601	ELMAR	VAN EYCK	TEMP	M	43	40-44M	0.54.31
84	495	1797	WAYNE	MAGNUS	CADBURY	M	42	40-44M	0.54.33
85	3687	3687	JOHANN	HORAK	TEMP	M	58	55-59M	0.54.34
86	675	1939	ANNELIZE	SHERGOLD-SMITH	BLUEBAY	F	30	SF	0.54.35
87	3690	135	JABULANI	SIBOTO	PEAAC	M	26	SM	0.54.38
88	4562	4562	DARREN	HANNER	TEMP	M	37	35-39M	0.54.40
89	1456	1205	ROZELLE	VON MOLENDORFF	ELITEAC	F	46	45-49F	0.54.41
90	4523	4523	LEE	DOBELL	TEMP	M	42	40-44M	0.54.42
91	4522	4522	MARK	HARINGTON	TEMP	M	50	50-54M	0.54.42
92	4590	4590	STEPHEN	HARTY	TEMP	M	40	40-44M	0.54.46
93	4576	4576	CRAIG	WARNER	TEMP	M	46	45-49M	0.54.49
94	422	2160	KOBUS	VOSLOO	NMMU	M	33	SM	0.54.54
95	1394	467	AMANDA	WOLMARANS	WAC	F	52	50-54F	0.55.07
96	306	461	ELDON	FORTMANN	WAC	M	60	60-64M	0.55.21
97	357	56	LIESL	BARKER	PEAAC	F	44	40-44F	0.55.32
98	4520	4520	MICHAEL	SMITH	TEMP	M	36	35-39M	0.55.41
99	3452	1940	SUNELLE	HORNE	BLUEBAY	F	36	35-39F	0.55.43
100	1409	577	BARRY	NELSON	LEGACY	M	59	55-59M	0.55.56
101	3447	472	LETA	DOS SANTOS	WAC	F	46	45-49F	0.56.05
102	520	748	STEPHEN	HAWKINS	CRUSADE	M	20	SM	0.56.07
103	1391	1523	MARCEL	MEYER	NEDBANK	M	17	JM	0.56.10
104	3593	3593	NICHOLAS	HARPER	TEMP	M	18	JM	0.56.15
105	1550	719	ANGELA	RUMSEY	CRUSADE	F	41	40-44F	0.56.18
106	317	1934	STEPHEN	COETZEE	BLUEBAY	M	55	55-59M	0.56.23
107	318	1911	CANDICE	VAN ROOYEN	BLUEBAY	F	24	SF	0.56.23
108	4515	4515	KATE	PEARSON	TEMP	F	20	SF	0.56.29
109	4516	4516	NATALIE	VAN ANTWERPEN	TEMP	F	22	SF	0.56.30
110	3688	3688	MICHAEL	HAW	TEMP	M	33	SM	0.56.34
111	305	1579	MICHAEL	FISCHER	NEDBANK	M	48	45-49M	0.56.37
112	3429	2646	BIANKA	GERBER	NMMU	F	22	SF	0.56.54
113	488	1355	JOS	ELS	MADIBA	F	58	55-59F	0.57.04
114	3142	1228	SANDY	LYONS	ELITEAC	F	42	40-44F	0.57.12
115	1392	1522	MARIUS	MEYER	NEDBANK	M	45	45-49M	0.57.26
116	4512	4512	SEVERIANO	TERBLANCHE	TEMP	M	22	SM	0.57.29
117	511	727	JOHAN	HERSELMAN	CRUSADE	M	36	35-39M	0.57.31
118	3428	1296	EUGENE	MAC GEAR	VWAC	M	42	40-44M	0.57.39
119	4593	4593	AURETTE	FRANCIS	TEMP	F	37	35-39F	0.57.41
120	457	2673	CHRISTELLE	SLABBERT	NMMU	F	39	35-39F	0.57.48
121	670	782	KATIE	MORRIS	CRUSADE	F	27	SF	0.57.55
122	669	1555	WAYNE	MAC GEAR	NEDBANK	M	47	45-49M	0.58.08
123	1448	2699	MONDE	NCOYO	ASPEN	M	54	50-54M	0.58.26
124	3686	3686	JEFF	WILLIAMS	TEMP	M	38	35-39M	0.58.27
125	1451	1567	ELAINE	KOCK	NEDBANK	F	41	40-44F	0.58.35
126	4545	4545	PAUL	LOTTER	TEMP	M	28	SM	0.58.43
127	4556	4556	SUE	INGRAM	TEMP	F	30	SF	0.58.55

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
128	4555	4555	RICH	SHAPIRO	TEMP	M	45	45-49M	0.58.57
129	1454	707	HELENE	OPPEL	CRUSADE	F	61	60-64F	0.59.00
130	455	1044	NOMFUNDO	HLELA	BODYCON	F	28	SF	0.59.01
131	340	927	MANIE	VAN DER MERWE	CHARLO	M	47	45-49M	0.59.02
132	352	1593	MARINDA	DE BEER	NEDBANK	F	40	40-44F	0.59.06
133	482	741	ALISON	BRUSSOW	CRUSADE	F	37	35-39F	0.59.07
134	483	754	AMANDA	MUZZELL	CRUSADE	F	38	35-39F	0.59.09
135	1374	475	ZELDA	KRIGE	WAC	F	50	50-54F	0.59.20
136	3448	469	JOSE	DOS SANTOS	WAC	M	45	45-49M	0.59.20
137	481	758	COLIN	MURRAY	CRUSADE	M	55	55-59M	0.59.24
138	432	785	DANE	VENTER	CRUSADE	F	26	SF	0.59.25
139	4518	4518	DEBBIE	VOIGT	TEMP	F	33	SF	0.59.27
140	4517	4517	MANDY	VAN DER MERWE	TEMP	F	40	40-44F	0.59.39
141	3453	1283	CARRON	FORBES	VWAC	F	24	SF	0.59.40
142	4591	4591	SIPHIWE	NTOMBELA	TEMP	M	36	35-39M	0.59.50
143	345	451	LYNETTE	CRAUSE	WAC	F	50	50-54F	0.59.51
144	859	2774	VICTOR	MARAIS	SAPPE	M	41	40-44M	0.59.56
145	1388	1278	ANDRIES	FOURIE	VWAC	M	31	SM	0.59.57
146	342	993	JEAN-PIERRE	DU PLOOY	CHARLO	M	23	SM	0.59.58
147	674	2351	LARIO	VAN NIEKERK	PROFILES	F	27	SF	1.00.03
148	3449	909	NICKY	CHARLEWOOD	CHARLO	F	40	40-44F	1.00.21
149	860	2772	BONISILE	MGODUKA	SAPPE	M	54	50-54M	1.00.29
150	4571	4571	SIMON	GREEN	TEMP	M	46	45-49M	1.00.38
151	4397	4397	LEEJAY	BELL	TEMP	M	31	SM	1.00.49
152	654	1950	ANTHON	FERREIRA	BLUEBAY	M	46	45-49M	1.00.55
153	1444	1059	DAVID	SMOUT	BODYCON	M	38	35-39M	1.00.58
154	662	2719	JOY	STEVENS	VIKINGS	F	50	50-54F	1.01.03
155	663	10630	RICHARD	STEVENS	VIKINGS	M	54	50-54M	1.01.04
156	4588	4588	DANIEL	THOMPSON	TEMP	M	27	SM	1.01.08
157	1416	2333	BRENDA	SWINDELLS	PROFILES	F	42	40-44F	1.01.12
158	475	1596	ARUSHKE	HAEFELE	NEDBANK	F	30	SF	1.01.13
159	1446	1358	NELESH	JAGANATH	MADIBA	M	29	SM	1.01.14
160	329	1489	MARTIE	VAN SCHALKWYK	NEDBANK	F	46	45-49F	1.01.15
161	659	1433	IRMA	INGRAM	NEDBANK	F	45	45-49F	1.01.16
162	4552	4552	BEVERLEY	MONTGOMERY	TEMP	F	23	SF	1.01.18
163	1386	1279	ERIKA	BOUWER	VWAC	F	25	SF	1.01.25
164	1405	243	CRESEN	BALAKISTEN	MALABAR	M	51	50-54M	1.01.29
165	1379	2096	ARNO	ENGELBRECHT	NMMU	M	37	35-39M	1.01.46
166	416	780	HELEN	JOHN	CRUSADE	F	37	35-39F	1.02.05
167	1455	1380	DAVE	SPARROW	MADIBA	M	31	SM	1.02.11
168	1385	565	FAIQ	JAPPIE	ASPEN	M	38	35-39M	1.02.11
169	315	187	SYLMA	WATKINS	CSEP	F	42	40-44F	1.02.18
170	4592	4592	CHANTELLE	VAN RENSBURG	TEMP	F	25	SF	1.02.50
171	903	929	ANUSHA	NAIDU	CHARLO	F	44	40-44F	1.02.55
172	427	777	CHARLES	RENNIE	CRUSADE	M	46	45-49M	1.03.03
173	652	2773	PIETER	VAN STADEN	SAPPE	M	38	35-39M	1.03.10
174	3405	1271	JANEL	DU TOIT	ELITEAC	F	41	40-44F	1.03.11
175	4103	4103	AFRIICA	MHLOPHE	TEMP	M	32	SM	1.03.12
176	339	1256	MARIUS	GREYLING	ELITEAC	M	54	50-54M	1.03.13
177	719	1381	WILLEM	JORDAAN	NEDBANK	M	28	SM	1.03.13
178	902	616	BONGEKA	JOJO	COEGA AC	F	33	SF	1.03.21
179	4605	4605	ANDREW	WITTE	TEMP	M	19	SM	1.03.23
180	4606	4606	SAKHUMZI	BAMBALAZA	TEMP	M	30	SM	1.03.32
181	326	500	ALAN	PENNEY	WAC	M	64	60-64M	1.03.37
182	856	1509	NATASHIA	VAN WYNGAARDT	NEDBANK	F	38	35-39F	1.03.57
183	1400	1400	VERNA	CLAASEN	TREEC	F	48	45-49F	1.04.11
184	1450	336	ARNOLD	RAS	MUIRITE	M	49	45-49M	1.04.12
185	4574	4574	INGRID	CRANE	TEMP	F	40	40-44F	1.04.15
186	4585	4585	ALEX	STERN	TEMP	F	35	35-39F	1.04.15
187	681	1008	ANDRE	ROSS	BODYCON	M	36	35-39M	1.04.29
188	4564	4564	STEPHANIE	VAN EYK	TEMP	F	36	35-39F	1.04.56
189	519	753	TREVOR	HAWKINS	CRUSADE	M	50	50-54M	1.04.57
190	1397	1526	LIZA	MASON	NEDBANK	F	32	SF	1.05.00
191	303	1542	NICOLENE	GUSH	NEDBANK	F	40	40-44F	1.05.04

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192	3450	635	PETER	GATANGI	COEGA AC	M	33	SM	1.05.07
193	4102	4102	SIPHOKAZI	MATSHA	TEMP	F	29	SF	1.05.13
194	3598	3598	VANESSA	VAN DER WESTHUIZEN	TEMP	F	44	40-44F	1.05.15
195	4550	4550	DEBBIE	THERON	TEMP	F	41	40-44F	1.05.16
196	682	1276	XAVIER	JANUARIE	VWAC	M	28	SM	1.05.18
197	335	2328	NELMARIE	HUMAN	PROFILES	F	37	35-39F	1.05.21
198	336	2323	MORNE	VICTOR	PROFILES	M	40	40-44M	1.05.22
199	4533	4533	HELEN	DALTON	TEMP	M	33	SM	1.05.27
200	1426	1200	ANTONIE	GROBLER	ELITEAC	M	58	55-59M	1.05.33
201	4570	4570	TILANA	WESTRAADT	TEMP	F	26	SF	1.05.35
202	1419	227	STRINIVASEN	GOVENDER	MALABAR	M	40	40-44M	1.05.36
203	685	1720	BUSISIWE	LESORO	TRIANGLE	F	39	35-39F	1.05.38
204	316	1924	MARKUS	KUNNEKE	BLUEBAY	M	41	40-44M	1.05.48
205	4557	4557	URSULA	TUCK	TEMP	F	30	SF	1.05.53
206	857	932	LUCY	WENTZEL	CHARLO	F	41	40-44F	1.05.56
207	325	701	SELWYN	SOLOMON	CRUSADE	M	72	70+M	1.05.59
208	1404	949	LYNDA	MARRIOTT	CHARLO	F	41	40-44F	1.06.02
209	661	1323	WILNA	BASSON	VWAC	F	47	45-49F	1.06.03
210	4508	4508	DAMIAN	GIULIETTI	TEMP	M	29	SM	1.06.05
211	660	1333	ANTON	SNYMAN	VWAC	M	55	55-59M	1.06.08
212	4573	4573	LAUREN	NAGEL	TEMP	F	19	SF	1.06.16
213	854	588	RALTON	TERBLANCHE	LEGACY	M	48	45-49M	1.06.16
214	4504	4504	LYNN	MCGREGOR	TEMP	M	44	40-44M	1.06.37
215	4505	4505	ROLAND	CLACK	TEMP	M	40	40-44M	1.06.38
216	4567	4567	KERRYIN	STAPLETON	TEMP	F	19	SF	1.06.43
217	858	858	UNKNOWN		TEMP	M	36	35-39M	1.06.45
218	1398	133	GAVIN	BOUCHER	PEAAC	M	38	35-39M	1.06.47
218	1398	133	GAVIN	BOUCHER	PEAAC	M	38	35-39M	1.06.47
219	3455	610	NOSICELO	BIYANA	COEGA AC	F	34	SF	1.06.52
220	1407	579	SHIRLEEN	CLARKE	LEGACY	F	48	45-49F	1.06.56
221	4587	4587	RUDI	SCHOLTZ	TEMP	M	41	40-44M	1.07.00
222	1398	133	GAVIN	BOUCHER	PEAAC	M	38	35-39M	1.07.28
222	1398	133	GAVIN	BOUCHER	PEAAC	M	38	35-39M	1.07.28
223	684	2081	THANDISWA	NGXUKUMESHE	NMMU	F	40	40-44F	1.07.28
224	655	114	DAVID	HIGGS	PEAAC	M	41	40-44M	1.07.29
225	1403	764	DERICK	VOSLOO	CRUSADE	M	55	55-59M	1.07.37
226	308	3	DOROTHY	HART	PEAAC	F	72	70+F	1.07.41
227	322	1208	JAN	VON MOLLENDORF	ELITEAC	M	65	65-69M	1.07.41
228	4544	4544	TANYA	LOTTER	TEMP	F	27	SF	1.07.45
229	1425	1241	ESTELLE	GROBLER	ELITEAC	F	52	50-54F	1.08.02
230	328	510	ELIZABETH	PEREIRA	WAC	F	52	50-54F	1.08.07
231	4393	4393	UNKNOWN		TEMP	M	35	35-39M	1.08.10
232	648	1679	GENEVIEVE	LAYCOCK	TRIANGLE	F	41	40-44F	1.08.23
233	469	976	ALMA	FOURIE	CHARLO	F	53	50-54F	1.08.28
234	4503	4503	MELANIE	FULLAR	TEMP	F	34	SF	1.08.36
235	3689	3689	ANDRIES	THYSSE	TEMP	M	55	55-59M	1.08.40
236	4541	4541	AYANDA	MJI	TEMP	F	40	40-44F	1.08.45
237	1383	2098	ZELDA	SWANEPOEL	NMMU	F	37	35-39F	1.08.54
238	672	626	NOLOYISO	GENU	COEGA AC	M	30	SM	1.08.55
239	310	473	DENISE	TERBLANCHE	WAC	F	63	60-64F	1.08.56
240	1417	1197	CHRISTINE	FOURIE	ELITEAC	F	64	60-64F	1.08.58
241	1443	2171	ANJA	TRUTER	NMMU	F	28	SF	1.08.59
242	4595	4595	JOANNA	WOLFAARDT	TEMP	F	50	50-54F	1.09.01
243	1415	1261	LANA	FOURIE	ELITEAC	F	42	40-44F	1.09.02
244	360	1246	HEIDRIN	DAFEL	ELITEAC	F	41	40-44F	1.09.03
245	658	16	CHRIS	JANSEN	PEAAC	M	66	65-69M	1.09.05
246	358	784	CAROL	HUNT	CRUSADE	F	47	45-49F	1.09.08
247	1384	566	RUSHDA	JAPPIE	ASPEN	F	40	40-44F	1.09.12
248	331	144	HEATHER	LANGFORD	PEAAC	F	39	35-39F	1.09.19
249	4513	4513	SHANLEY	SCHAEFER	TEMP	F	37	35-39F	1.09.36
250	4542	4542	COLLEEN	BLIGNAUT	TEMP	F	47	45-49F	1.09.37
251	4543	4543	TILLY	CROSBIE	TEMP	F	42	40-44F	1.09.40
252	1393	468	MARIUS	WOLMARANS	WAC	M	53	50-54M	1.10.03
253	458	853	MARIUS	CROUCAMP	CHARLO	M	56	55-59M	1.10.06

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
254	1452	2593	OPHELIA	EDWARDS	NO CLUB	F	32	SF	1.10.08
255	4507	4507	CHANTELL	GERBER	TEMP	F	33	SF	1.10.08
256	1389	1280	RIAAN	STEYN	VWAC	M	27	SM	1.10.09
257	4586	4586	ANELE	NGEWU	TEMP	F	25	SF	1.10.14
258	1445	140	SICELO	THABETHE	PEAAC	M	37	35-39M	1.10.21
259	4577	4577	BRYAN	DRAKE	TEMP	M	66	65-69M	1.10.22
260	334	79	LISA	WEST	PEAAC	F	47	45-49F	1.10.40
261	301	1	WELLS	ANDERSON	PEAAC	M	78	70+M	1.11.02
262	354	2028	TERTIA	GROBLER	TREEC	F	51	50-54F	1.11.03
263	1453	2030	DIRK	JANSEN	TREEC	M	61	60-64M	1.11.42
264	650	1282	VERONICA	BOSHOFF	VWAC	F	49	45-49F	1.12.05
265	1418	2466	GLYNIS	PIETERSE	X-CEL	F	45	45-49F	1.12.05
266	359	2514	CHANTEL	NEL	X-CEL	F	37	35-39F	1.12.23
267	355	2002	HENDRINA	CLAASSEN	TREEC	F	54	50-54F	1.12.23
268	356	2001	NICOLAAS	CLAASSEN	TREEC	M	57	55-59M	1.12.39
269	403	1793	FARAHNAS	VISAGIE	CADBURY	F	41	40-44F	1.13.09
270	4581	4581	BEVERLEY	DARLOW	TEMP	F	39	35-39F	1.13.25
271	671	621	ZINE	MTANDA	TEMP	M	35	35-39M	1.13.33
272	1424	2594	MARIUS	NEL	NO CLUB	M	46	45-49M	1.13.38
273	1406	1545	BERENICE	SMITH	NEDBANK	F	46	45-49F	1.13.38
274	664	591	CARLOS	COSTA	LEGACY	M	39	35-39M	1.13.46
275	321	1201	ENID	GERBER	ELITEAC	F	49	45-49F	1.13.51
276	1373	1239	MARIAAN	LANDMAN	ELITEAC	F	46	45-49F	1.13.52
277	3684	3684	LIEZL	TAUTE	TEMP	F	35	35-39F	1.13.54
278	4174	4174	MARYKE	MULLER	TEMP	F	32	SF	1.13.54
279	4602	4602	DEON	SWARTZ	TEMP	M	46	45-49M	1.14.02
280	4335	4335	ARLENE	BYRON	TEMP	F	51	50-54F	1.14.12
281	3445	1327	ADELE	NEL	VWAC	F	52	50-54F	1.14.16
282	4600	4600	ALLAN	SALKOW	TEMP	M	58	55-59M	1.14.16
283	3591	3591	GABRIELLE	FOURIE	TEMP	F	28	SF	1.14.21
284	3595	3595	BERLENE	MOODLEY	TEMP	F	51	50-54F	1.14.43
285	324	1601	JOHN	PEART	NEDBANK	M	74	70+M	1.14.45
286	337	87	SHANNON	VAN DE PUTTE	PEAAC	F	25	SF	1.15.00
287	668	617	PHILISA	NDZAMELA-WABA	COEGA AC	F	31	SF	1.15.06
288	449	1047	RIANA	PRETORIUS	BODYCON	F	35	35-39F	1.15.06
289	657	657	FATMA	TIRY	TEMP	F	40	40-44F	1.15.07
290	344	2023	ELMA	POTGIETER	TREEC	F	38	35-39F	1.15.44
291	436	1616	ANITA	COETZER	TRIANGLE	F	37	35-39F	1.15.47
292	3451	1717	MARIANA	JANSE VAN RENSBURG	TRIANGLE	F	47	45-49F	1.15.50
293	4584	4584	KANYA	JAKAVULA	TEMP	M	25	SM	1.15.56
294	4578	4578	ZYDIA	FERREIRA	TEMP	F	44	40-44F	1.16.31
295	4604	4604	SIKHUMBUZO	MAYABA	TEMP	M	33	SM	1.16.34
296	444	2327	LEZANNE	NOTLEY	PROFILES	F	27	SF	1.16.42
297	906	1434	DIANNE	HARTZENBERG	NEDBANK	F	52	50-54F	1.17.02
298	3594	3594	MARINDA	NEL	TEMP	F	44	40-44F	1.17.33
299	3592	3592	FLIP	FOURIE	TEMP	M	36	35-39M	1.17.34
300	569	117	TRACY	GOLDSWAIN	PEAAC	F	18	JF	1.17.47
301	564	6003	FREDERICK	LINDSTROM	RAC	M	59	55-59M	1.18.01
302	341	992	ARINDA	VAN DER LINDE	CHARLO	F	21	SF	1.18.13
303	4580	4580	CLAUDE	JACOBS	TEMP	M	37	35-39M	1.18.15
303	4580	4580	CLAUDE	JACOBS	TEMP	M	37	35-39M	1.18.15
304	1411	375	ANDRIES	DE RIDDER	MUIRITE	M	68	65-69M	1.18.20
305	900	900	DISQUALIFIED		TEMP	M	36	35-39M	1.18.21
306	410	1620	ELANIE	GERBER	TRIANGLE	F	27	SF	1.18.37
307	409	1626	RACHEL	NIEUWOUDT	TRIANGLE	F	27	SF	1.18.38
308	4579	4579	MARILYN	JACOBS	TEMP	F	41	40-44F	1.18.38
309	1380	89	PETRUS	DE JAGER	PEAAC	M	71	70+M	1.19.12
310	332	1409	CARL	BURGER	NEDBANK	M	63	60-64M	1.19.28
311	3685	3685	CAROL	VAN RENSBURG	TEMP	F	49	45-49F	1.19.30
312	541	1513	LEONE	BOSHOFF	NEDBANK	F	27	SF	1.19.45
313	1382	730	GEOFF	ANDREWS	CRUSADE	M	60	60-64M	1.19.46
314	307	137	ELMARIE	HARMSE	PEAAC	F	41	40-44F	1.19.47
315	4551	4551	EURIKA	LOUW	TEMP	F	26	SF	1.20.29
316	530	585	DEBBIE	OELOFSE	LEGACY	F	64	60-64F	1.21.00

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
317	309	494	STEPHANIE	HAY	WAC	F	55	55-59F	1.22.15
318	673	633	THUTHUKA	SONGELWA	COEGA AC	F	31	SF	1.22.45
319	909	1294	SULEIMAN	MAMOOGEE	VWAC	M	34	SM	1.22.57
320	4560	4560	NWABISA	MSUTHWANA	TEMP	F	30	SF	1.23.00
321	1408	578	SHELDINE	SEPTOE	LEGACY	F	49	45-49F	1.23.07
322	4598	4598	SALLY	BEZUIDENHOUT	TEMP	F	45	45-49F	1.23.41
323	4597	4597	LORETTA	SANDERSON	TEMP	F	46	45-49F	1.24.06
324	1381	73	TERSIA	DE JAGER	PEAAC	F	65	65-69F	1.24.06
325	434	434	MIKE	DU TOIT	TEMP	M	44	40-44M	1.24.09
326	649	1229	RINA	BARNARD	ELITEAC	F	57	55-59F	1.24.28
327	1421	1782	ODETTE	JOHAAR	WILLARD	F	21	SF	1.25.55
328	855	590	AMANDA	TERBLANCHE	LEGACY	F	46	45-49F	1.26.24
329	1376	35	RITA	VOSLOO	PEAAC	F	55	55-59F	1.26.47
330	320	15	ANTHEA	SCHNETLER	PEAAC	F	15	JF	1.26.57
331	319	9	ANNA	SCHNETLER	PEAAC	F	63	60-64F	1.26.58
332	566	2785	ELSABE	NEL	SAPPE	F	50	50-54F	1.26.58
333	851	623	NOZUKO	MABALA	COEGA AC	M	42	40-44M	1.27.26
334	4521	4521	MONIQUE	CHANNON	TEMP	F	35	35-39F	1.27.53
335	350	1661	ROLF	KORDES	TRIANGLE	M	70	70+M	1.27.55
336	4580	4580	CLAUDE	JACOBS	TEMP	M	37	35-39M	1.28.23
336	4580	4580	CLAUDE	JACOBS	TEMP	M	37	35-39M	1.28.23
337	1413	322	LEVONA	KILLIAN	MUIRITE	F	47	45-49F	1.28.46
338	312	351	DEIDRE	VAN WYK	MUIRITE	F	43	40-44F	1.28.48
339	4104	4104	AMANDA	BEN-MAZWI	TREEC	F	33	SF	1.29.36
340	518	1315	DAVID	SAKER	VWAC	M	52	50-54M	1.29.41
341	498	1412	GLENYS	JOUBERT	NEDBANK	F	59	55-59F	1.30.01
342	333	1410	ESTELLE	BURGER	NEDBANK	F	53	50-54F	1.30.02
343	313	59	LORNA	BROWN	PEAAC	F	72	70+F	1.30.04
344	362	67	KAYE	HENRICK	PEAAC	F	64	60-64F	1.30.07
345	314	762	NORAH	BEUKES	CRUSADE	F	65	65-69F	1.30.49
346	1399	481	ANGELINE	KIVIDO	WAC	F	65	65-69F	1.31.26
347	4510	4510	JUNIA	YON	TEMP	F	60	60-64F	1.32.28
348	676	460	CATHY	CORNHILL	WAC	F	51	50-54F	1.33.19
349	677	462	JANICE	BELL	WAC	F	46	45-49F	1.33.20
350	1377	335	MAUREEN	DICKASON	MUIRITE	F	54	50-54F	1.33.30
351	1412	308	MARINDA	DE VRIES	MUIRITE	F	47	45-49F	1.33.31
352	1414	306	STOMPIE	KILLIAN	MUIRITE	M	55	55-59M	1.34.12
353	1410	325	ANNA	LE ROUX	MUIRITE	F	63	60-64F	1.34.15
354	4608	4608	KIRSTY	PAULS	TEMP	F	24	SF	1.34.27
355	304	1578	ALETTA	FISCHER	NEDBANK	F	44	40-44F	1.35.01
356	4603	4603	KIRSTEEN	PICKERING	TEMP	F	25	SF	1.35.02
357	302	1521	LARA	DE WET	NEDBANK	F	41	40-44F	1.35.27
358	1395	489	ANNELIE	CRUYWAGEN	WAC	F	58	55-59F	1.35.47
359	4569	4569	JANKE	KRIEL	TEMP	F	48	45-49F	1.35.57
360	4565	4565	ESTELLE	VAN STADEN	TEMP	F	41	40-44F	1.36.10
361	4568	4568	AMANDA	VAN DER MERWE	TEMP	M	38	35-39M	1.36.11
362	679	624	BEVERLY	MAGOTSI	COEGA AC	F	34	SF	1.37.46